









# Abundant Life I have set before you LIFE and death... Deuteronomy 30:19 I have set before you the way of LIFE... Jeremiah 21:8 You have shown me the path of LIFE... Psalms 16:11

# **Abundant Life**

If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.

**Exodus 15:26** 

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# **Deuteronomy 7:12-15**

- 12 If you pay attention to these laws and are careful to follow them, then the LORD your God will keep his covenant of love with you, as he swore to your forefathers.
- 14 You will be blessed more than any other people;
- 15 The LORD will keep you free from every disease.

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# **Jesus Ministry**

I came that you may have life, and have it more abundantly.

John 10:10

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# More Time for Healing

"During His Ministry, Jesus devoted more time to healing the sick than to preaching"

Ministry of Healing, p. 10

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# An Important Word in Christianity . . .

SOZO

To Heal . . . And to Save

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# Wholeness

He ... "Who **pardons** all your iniquities, Who **heals** all your diseases...

Psalms 103: 3-4

# Christ's Gift of Grace

- Our Lord Jesus Christ came to this world as the unwearied servant of man's necessity. He "took our infirmities, and bare our sicknesses," that He might minister to every need of humanity. Matthew 8:17.
- The burden of disease and wretchedness and sin He came to remove. It was His mission to bring to men complete restoration; He came to give them health and peace and perfection of character.

  E. White, Ministry of Healing, Pg 17

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# Why this Gift of Grace... Abundant Life (wholeness) – John 10:10 Glorify God – I Cor 6:19-20 Fulfill the mission – Luke 9:2

### It is all about Him

Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body.

1 Cor 6:19-20

■ Whether, then, you eat or drink or whatever you do, do all to the glory of God.

I Cor 10:31

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- Life is a holy trust, which God alone can enable us to keep and to use to His glory.
- Days, months, and years are added to our existence that we may improve our opportunities and advantages for working out our individual salvation, and by our unselfish life promoting the well-being of others.
- Thus may we build up the kingdom of Christ and make manifest the glory of God.

  T6 p. 378-379

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- The misuse of our physical powers shortens the period of time in which our lives can be used for the glory of God. And it unfits us to accomplish the work God has given us to do.
- By allowing ourselves to form wrong habits, by keeping late hours, by gratifying appetite at the expense of health, we lay the foundation for feebleness. By neglecting physical exercise, by overworking mind or body, we unbalance the nervous system.

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■ The opportunity of blessing others, the very work for which God send us to do, is cut short...guilty of depriving the world of good. (COL 346.4)

# God's principle: Health and Worship

Therefore I urge you, brethren, by the mercies of God, to present your bodies as a living and holy sacrifice, acceptable to God, which is your spiritual service of worship.

Romans 12:1-2

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# The Enemy's mission

- Satan is constantly on the alert to bring the race fully under his control. His strongest hold on man is through the appetite, and this he seeks to stimulate in every possible Counsel on Diet and Food, 150.
- Through intemperance, Satan works to destroy the mental and moral powers that God gave to man as a priceless endowment. Thus it becomes impossible for men to appreciate things of eternal worth. P. 151

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# Spiritual Link

- Through the indulgence of perverted appetite many place themselves in such a condition of health that there is a constant warring against the soul's highest interests.
- The truth, though presented in clear lines, is not accepted. Test. Vol. 6, p. 370.

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# The Spiritual Link

- "Few...understand how much their habits of diet have to do with....
- their health,
- their characters,
- their usefulness in this world,
- and their eternal destiny." CDF, p. 51

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# **Choosing Good over Evil**

- <u>Anything</u> that lessens physical strength enfeebles the mind and makes it less capable of discriminating between right and wrong.
- We become less capable of choosing the good and have less strength of will to do that which we know to be right. (COL 346.3)



#### Health Reform

- The <u>health reform</u>, I was shown, is a part of the third angel's message, and is just as closely connected with it as are the arm and hand with the human body.
- I saw that we as a people must make an advance move in this great work.

  CDF, p. 32

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# Why this Gift of Grace...

- Abundant Life (wholeness) John 10:10
- Glorify God I Cor 6:19-20
- Fulfill the mission Luke 9:2

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# **Keeping the Mission Alive**

"He sent them to **preach** the kingdom of God, and to **heal** the sick"

Luke 9:2

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# **Christ's Method**

Christ's method alone will give true success in reaching the people. The Savior mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, "Follow

Me."

Ministry of Healing 143:3

The gospel and the medical missionary work are to advance together. The gospel is to be bound up with the principles of true health reform.

T6, 379

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# Chronic Diseases: Epidemic

- Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.
- Unhealthful conditions should be changed, wrong habits corrected.
- Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies.

  Ministry of Healing, p. 127.

# Health Ministries NAD REACH North America "Choose Full Life, Tell the World"

Every church a center for health, healing and wholeness in the community.

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# Opening the way...

- "Much of the prejudice that prevents the truth of the third angel's message from reaching the hearts of the people, might be removed if more attention were given to health reform.
- When people become interested in this subject, the way is often prepared for the entrance of other truths. If they see that we are intelligent with regard to health, they will be more ready to believe that we are sound in Bible doctrines."

  Testimonies for the Church, Vol. 6, p. 22.

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# The Medical Work in End Times

"...soon there will be no work done in ministerial lines but medical missionary work.

GCB, April 12, 1901

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# Reaching people

- "...not all can be reached in the same way. Many hide their soul hunger. Others are in the greatest need, yet they know it not. They have neither faith in God nor confidence in men. Many of these can be reached ONLY through acts of desinterested kindness.
- Their physical wants must be first cared for. As they see the evidence of your unselfish love, it will be easier for them to believe the love of Christ." (COL 387.1)

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# The Need of the World

The world needs today what it needed 1900 years ago - a revelation of Christ. A great work of reform is demanded, and it is only through the grace of Christ that the work of restoration, physical, mental, and spiritual, can be done accomplished. MH 143

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# It starts with individuals..you, me Few accept this Gift of Grace

■ "The subject of health reform has been presented in the churches; but the light has not been heartily received. The selfish, health destroying indulgences of men and women have counteracted the influence of the message that is to prepare a people for the great day of God.

■ The Lord does not now work to bring many souls into the truth, because of the church members who have never been converted and those who were once converted but who have backslidden. What influence would these unconsecrated members have on new converts? Would they not make of no effect the Godgiven message which His people are to bear?

Testim. Vol.6 p.370

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# Not THE message

- When properly conducted, the health work is an entering wedge, making a way for other truths to reach the heart.
- When the third angel's message is received in its fullness, health reform will be given its place in the councils of the conference, in the work of the church, in the home, at the table, and in all the household arrangements. Then the right arm will serve and protect the body.
- But while the health work has its place in the promulgation of the third angel's message, its advocates must not in any way strive to make it take the place of the message. (Test. Vol 6-)

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Selected Messages, Book 3, p 285—"Health reform, wisely treated, will prove an entering wedge where the truth may follow with marked success. But to present health reform unwisely, making that subject the burden of the message, has served to create prejudice with unbelievers and to bar the way to the truth, leaving the impression that we are extremists. Now the Lord would have us wise and understanding as to what is His will. We must not give occasion for us to be regarded extremists."

# Romans 14: 15, 17, 19

- Love and Grace people before food
- If your brother is grieved because of your food your are no longer walking in love
- Do not destroy with your food the ones for whom Christ Died
- The Kingdom of God is not eating and drinking
- Pursue the things which make for peace and by which one may edify another

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### **Our Part**

- Our habits must be brought into conformity to the will of God. We are assured, "It is God which worketh in you," but man must do his part in controlling appetite and passion. The religious life requires the action of mind and heart in harmony with the divine forces.
- No man can of himself work out his own salvation, and God cannot do this work for him without his cooperation. But when man works earnestly, God works with him, giving him power to become a son of God. Test Vol. 6, Pg. 371

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# What is your part? CHOICES Success Failure @2011 NAD Health Ministries

# Taking a Position

■ I urge that those who are taking a neutral position in regard to health reform be converted. This light is precious, and the Lord gives me the message to urge that all who bear responsibilities in any line in the work of God take heed that truth is in the ascendancy in the heart and life. Only thus can any meet the temptations they are sure to encounter in the world. {6T 377, 378}

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# Real Power to Choose Right

"Abide in Me, and I in you. As the branch cannot bear fruit of itself unless it abides in the vine, so neither can you unless you abide in Me. I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing."

John 15:4-5

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- "The truth that makes man free is for the most part the truth which men prefer not to hear"
- Blessed are those who hear it and take to heart what is written, because the time is near.
   Revelation 1:3

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# Choose Full Life...

- I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants might live
- That you may love the Lord your God, that you may obey His voice, that you may cling to Him, for He is your LIFE and the length of your days. Deuteronomy 30:19

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# Tell The World!

"If it is disagreeable in your sight to serve the LORD, choose for yourselves today whom you will serve: but as for me and my house, we will serve the LORD."

Joshua 24:15