

Using Medicinal Herbs

From the Series

SWYC HEALTH SEMINAR

“God has caused to grow out of the ground herbs for the use of man and if we understand the nature of these roots and herbs, and make a right use of them, there would not be a necessity of running for the doctor so frequently, and people would be in much better health than they are today.”{White; Letter 35}

“The Lord has given some simple herbs of the field that at times are beneficial; and if every family were educated in how to use these herbs in case of sickness, much suffering might be prevented, and no doctor need be called. These old-fashioned, simple herbs, used intelligently, would have recovered many sick, who have died under drug medication.” {White; Letter 82, 1897}

“When the Lord told Hezekiah that He would spare his life for fifteen years, and as a sign that He would fulfill His promise, caused the sun to go back ten degrees, why did He not put His direct, restoring power upon the King? He told him to apply a bunch of figs to his sore, and that natural remedy, blessed by God, healed Him. The God of nature directs the human agent to use natural remedies now.” {White; Letter 182, 1899}

“The use of certain herbs that the Lord has made to grow for the good of man, is in harmony with the exercise of faith.” {White; MS 31, 1911}

“The liver, heart, and brain are frequently affected by drugs, and often all these organs are burdened with

disease; and the unfortunate subjects, if they live, are invalids for life, wearily dragging out a miserable existence. Oh, how much that poisonous drug cost! If it did not cost the life, it cost quite too much. Nature has been crippled in all her efforts. The whole machinery is out of order, and at a future period in life, when these fine works, which have been injured, are to be relied upon to act a more important part in union with all the fine works of nature's machinery, they can not readily and strongly perform their labor, and the whole system feels the lack. These organs, which should be in a healthy condition, are enfeebled, and the blood becomes impure. Nature keeps struggling, and the patient suffers with different ailments, until there is a sudden break-down, and death follows. More die from the use of drugs than would die from disease, were nature left to do her own work.” {White; RH September 5, 1899}

“The Lord desires us to be sensible and to reason from cause to effect.” {White; 7MR 58}

“Sickness of the mind prevails everywhere. Nine tenths of the diseases from which men suffer have their foundation here. Perhaps some living home trouble is, like a canker, eating to the very soul and weakening the life forces. Remorse for sin sometimes undermines the constitution and unbalances the mind. There are erroneous doctrines also, as that of an eternally burning hell and the endless torment of the wicked, that, by giving exaggerated and distorted views of the character of God, have produced the same result upon sensitive minds.” {White; 5T 443}

BOOKS

Ministry of Healing: Ellen White

The Home Hand-Book of Domestic Hygiene and Rational Medicine Vol. II & Vol. 1: J. H. Kellogg

Back to Eden: Jethro Kloss

Abundant Health: Julius White