

Grow In Beds (Not Rows)

- There are a few advantages to growing in beds vs. growing in rows
 - You end up with needing less weeding
 - There's less soil compaction
 - And you can have higher yields





Seeing is believing. Each of these gardens takes up 4 square feet (1.2 m²) of garden space. But planted in a row, beets yield only about a dozen plants in this amount of space, while a staggered, wide-bed planting scheme yields more than 3 times that many.

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- There are many different ways you can set up your garden
- Some people use the square foot gardening method
- I suggest growing in 30” wide beds



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- **Advantages of a 30” Wide Bed:**
 - It is easy to step across, straddle, or reach across for planting and harvesting
 - There are many quality tools designed for it
 - Elliot Coleman’s plant spacing recommendations are based on it



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- **Advantages of a 30" Wide Bed:**
 - 20' length is ideal for the home size garden (50 sq. ft. or 1/5 of 100 linear feet)
 - Beds are NOT to be walked on! Use narrow pathways (12-15") for walking on



For more garden training and
information visit:
www.borntogrow.net

