

## Some Staggering Statistics

Internet users have an average of 5.54 social media channels

–75% of Facebook users and 50% of Instagram users visit sites daily -Social meda use increased by 482 Million since Jan 2016

-1 million new active mobile social users are added every day. That's 12 each second

-Facebook messenger and WhatsApp handle 60 billion messages a



-On any given day Snapchat reaches 41% of 18-34 year olds in the US

-50% of 18-24 year olds go on Facebook when they wake up

-Average daily time used on social media in 2016 is 118 minutes

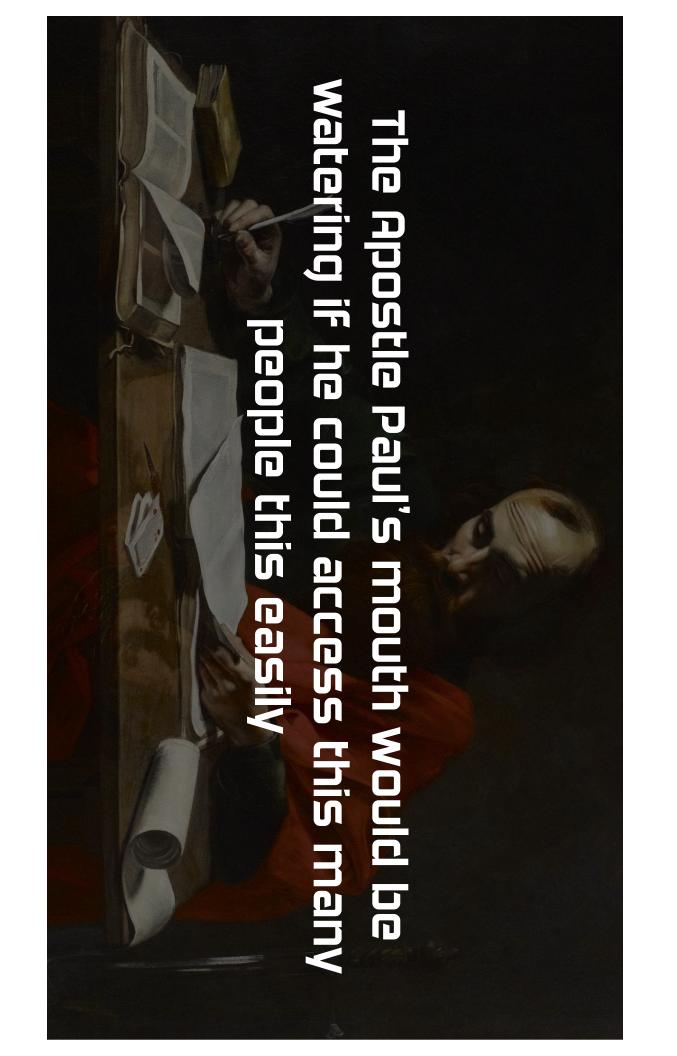
JAN 2017

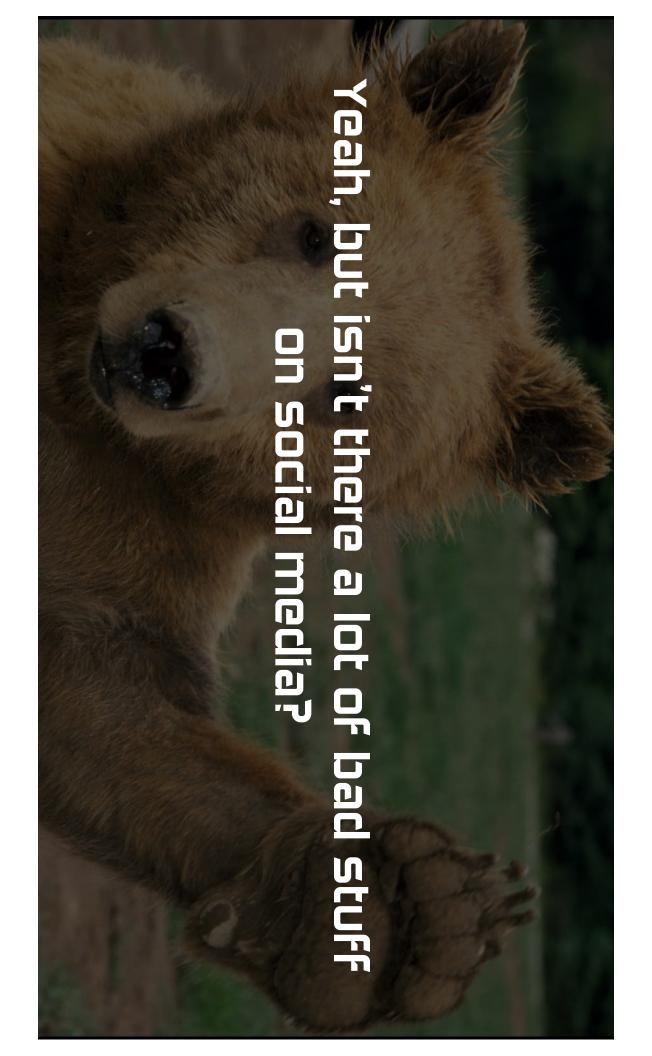
## **NET USE: REGIONAL OVERVIEW**

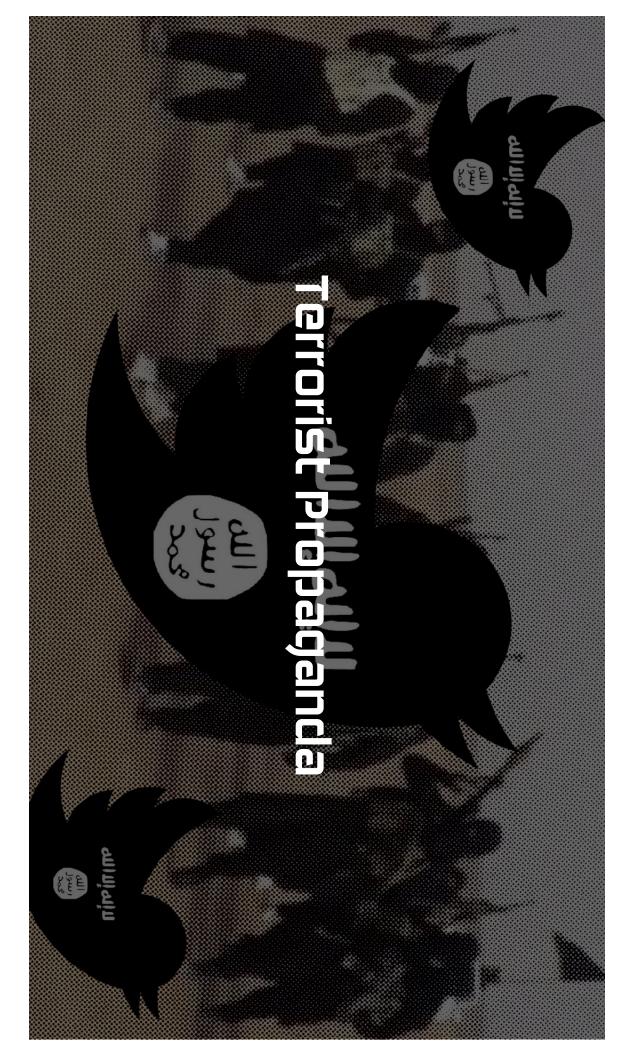
INTERNET USERS (IN MILLIONS), AND INTERNET PENETRATION, BY REGION

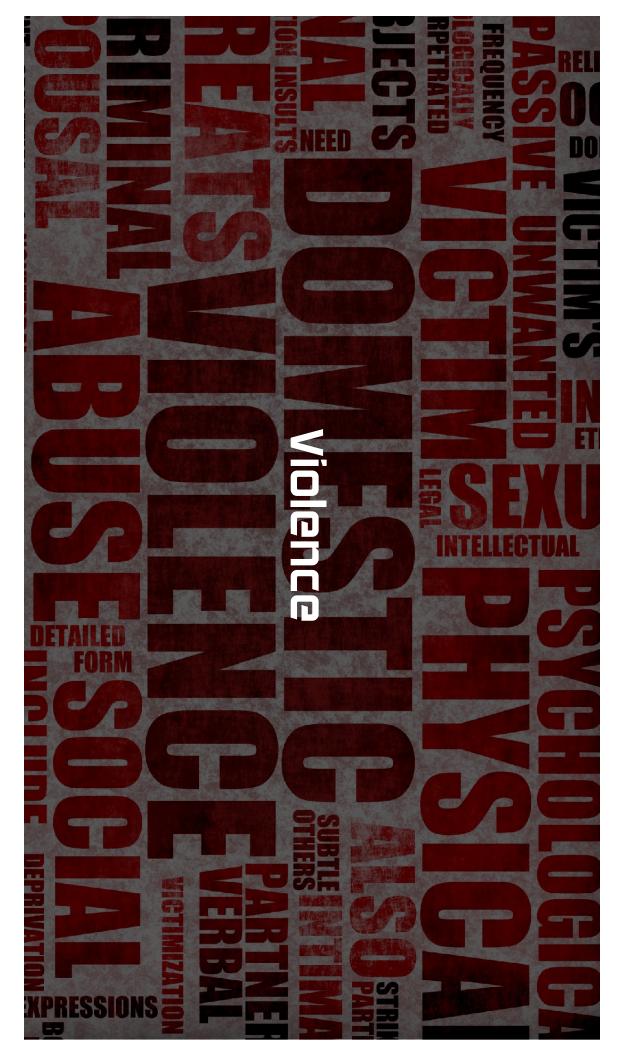


Profiles for Major Social Instagram 600 Million Snapchat 300 Million Facebook 1.9 Billion Twitter 317 Million YouTube 1 Billion Networks









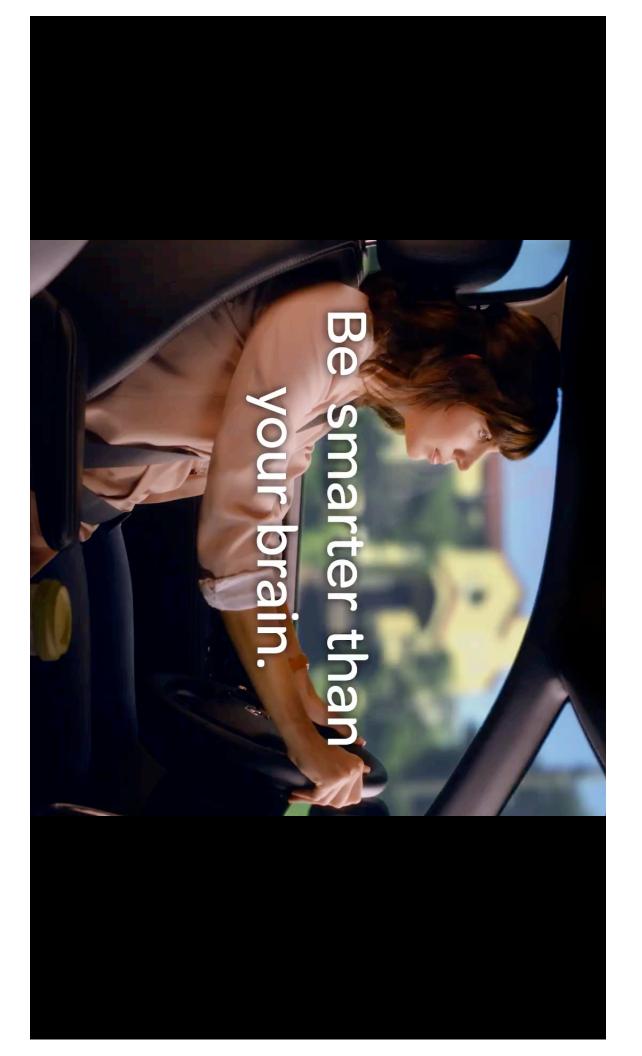


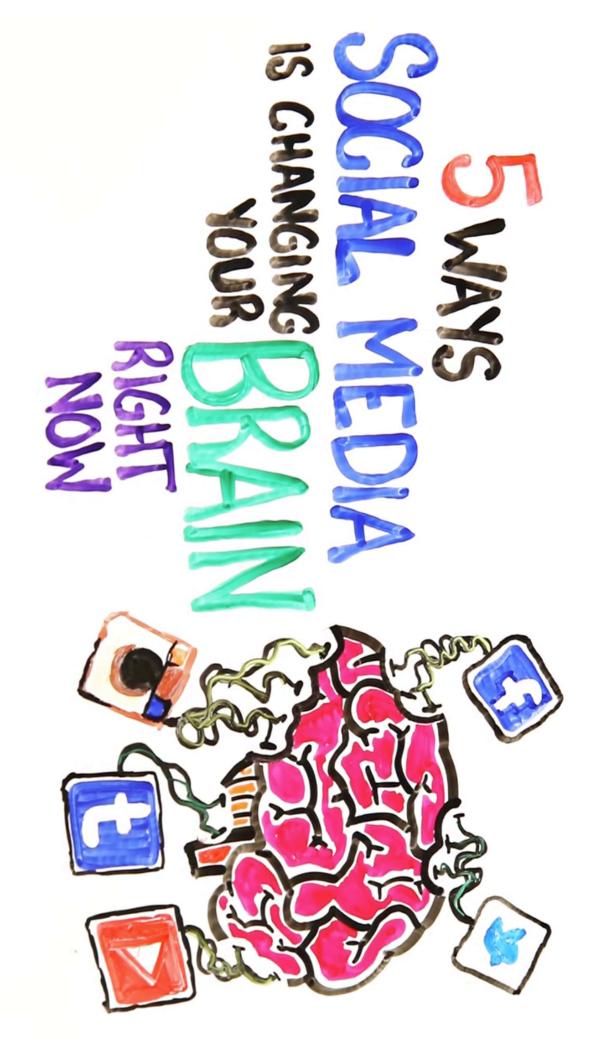


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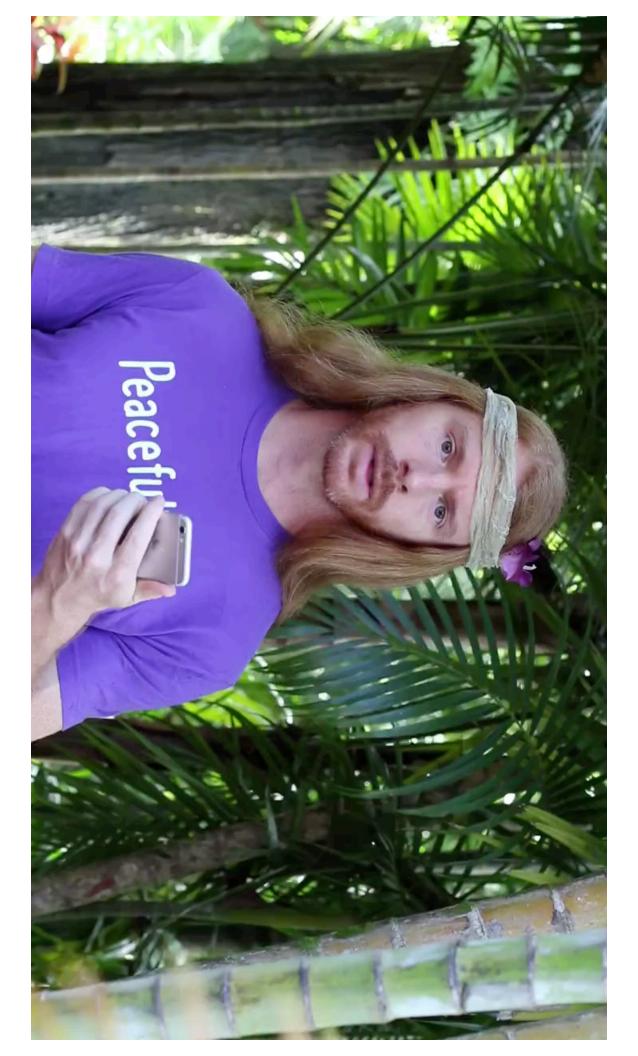


Addiction and How Social Media Shapes the Brain





"our bodies are physiologically rewarding ourselves for talking about ourselves



## Some Important Thoughts:

- 1) All addictive behavior is an attempt to numb pain
- 3) Have I brought my brokenness to Jesus, or am I looking to the attention of others 2) What thoughts am I trying to avoid? to fill that void?

Some Important Thoughts:

4) Is the cause I'm posting about my way

of escaping my real brokenness?

5) Does running "so and so" down numb the pain and the insecurity I feel?

"only he who has no power needs to control" Horst Muller

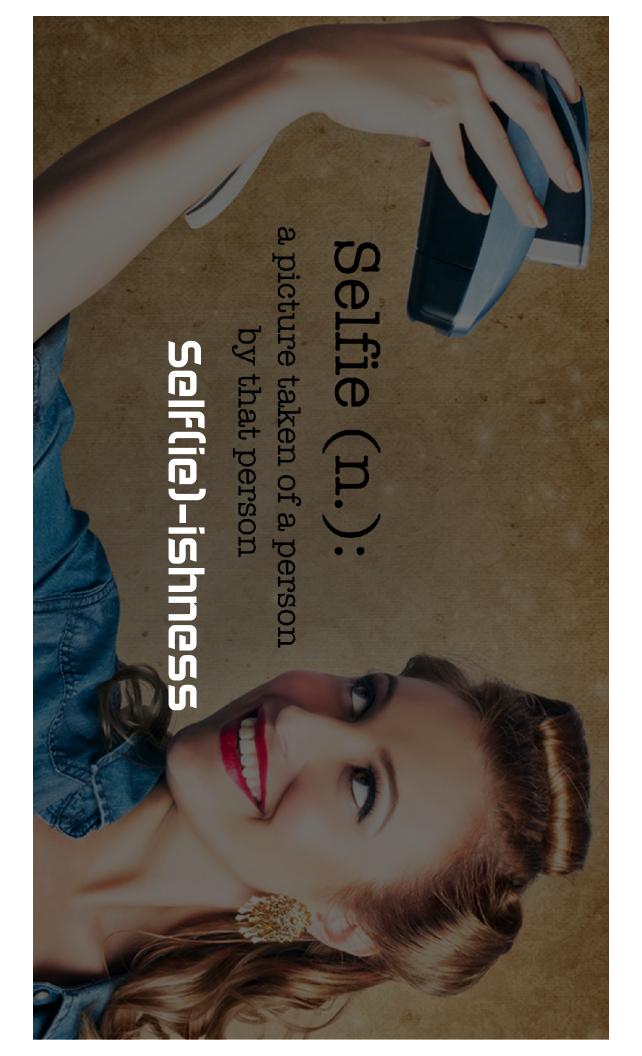
You choose when you reply and look Some Helpful Steps:

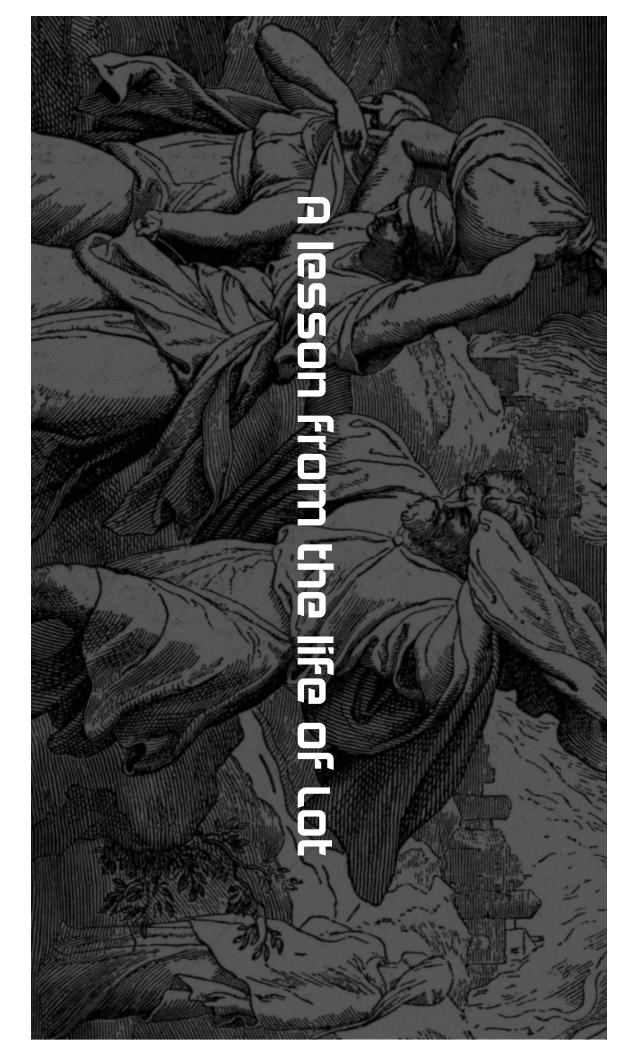
"Don't shop when you're hungry" Treat it like the post office why am I on here?

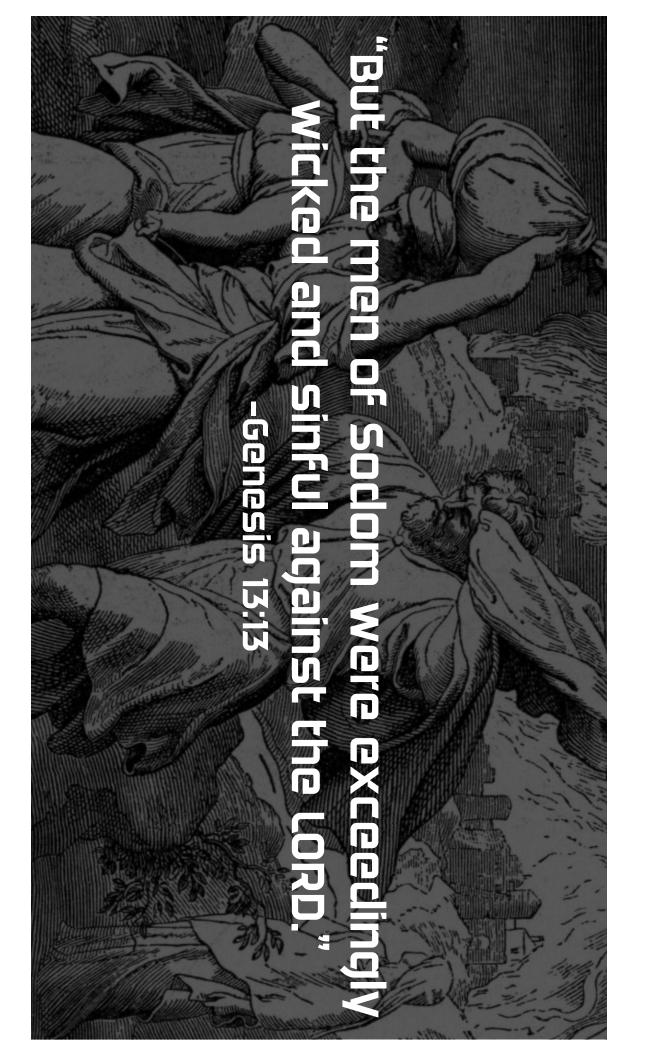
Helgome Helpful Steps:

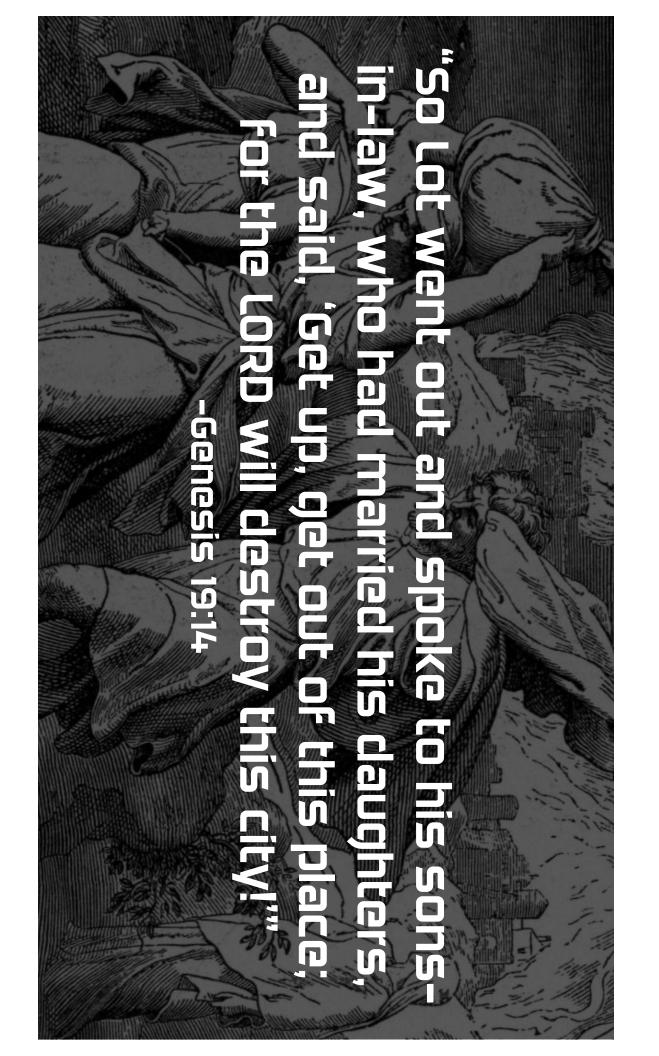
Down time when you wake up and go to bed Be honest with yourself, if you need to take Am I looking for affirmation and attention? time away do it

But deal with the real root issues, otherwise you'll just jump back in

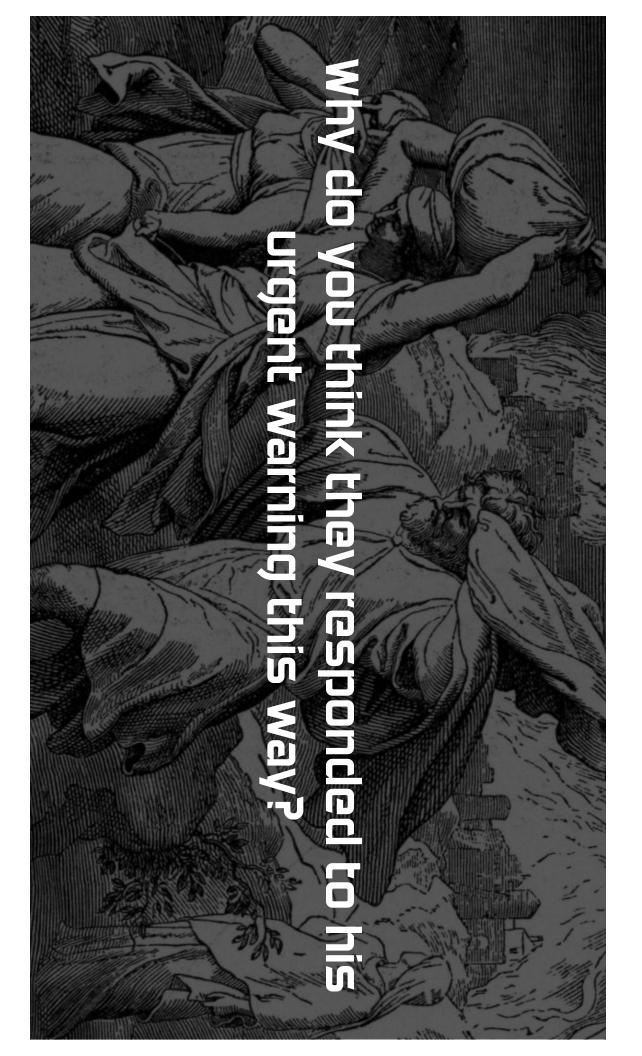


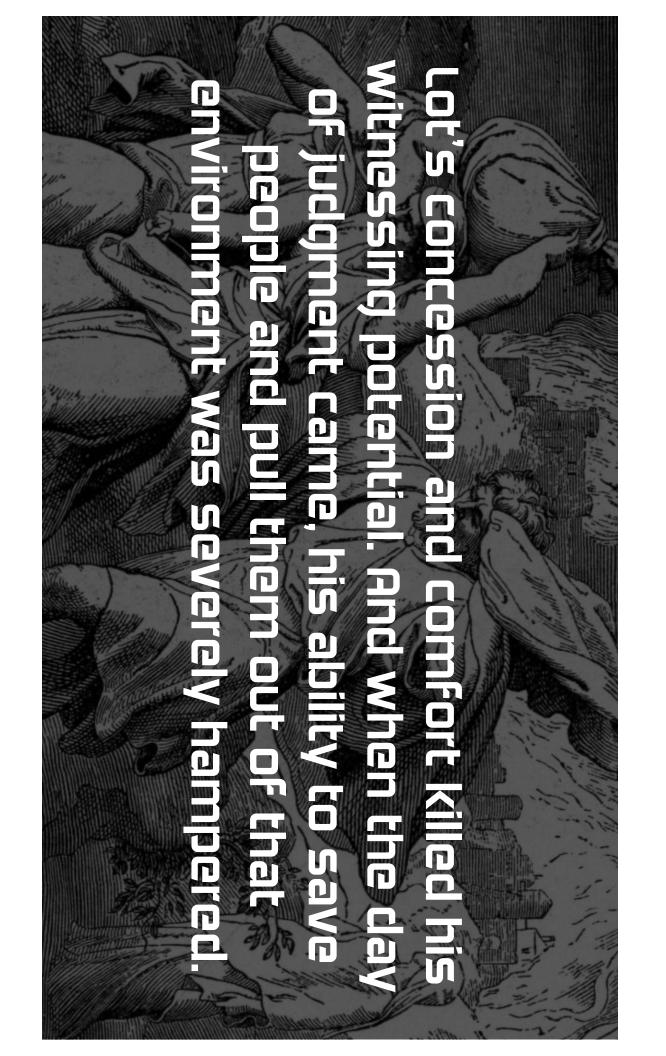


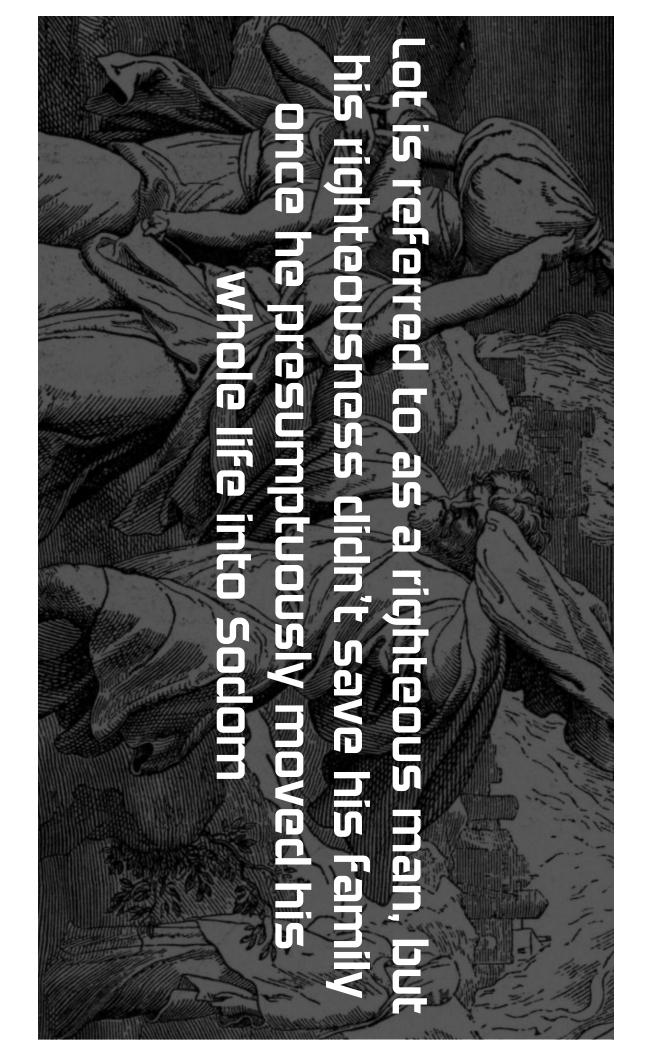


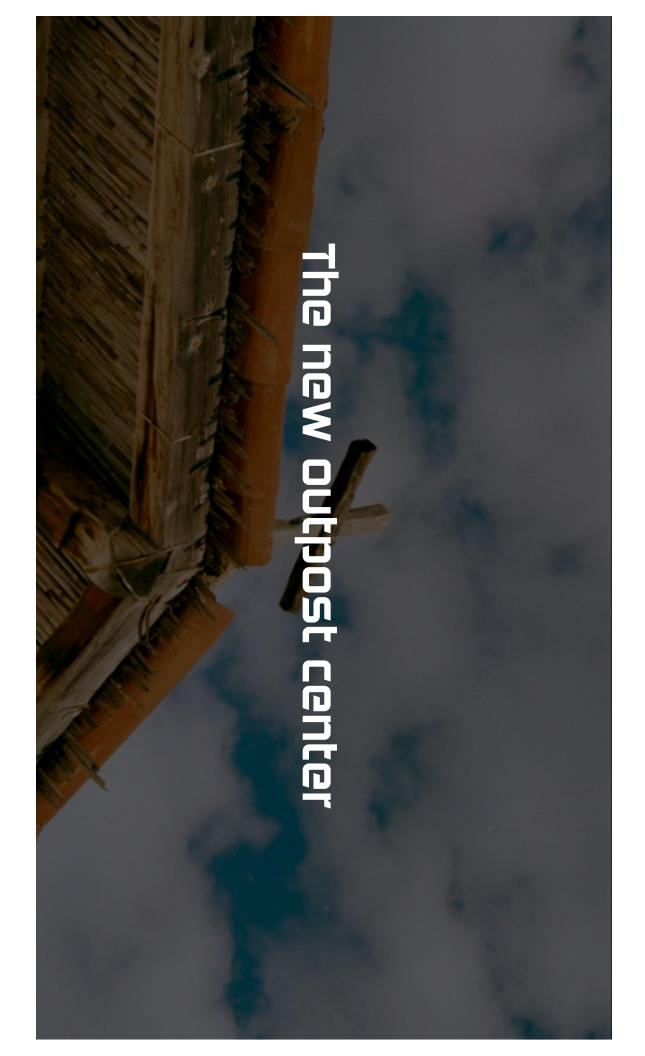


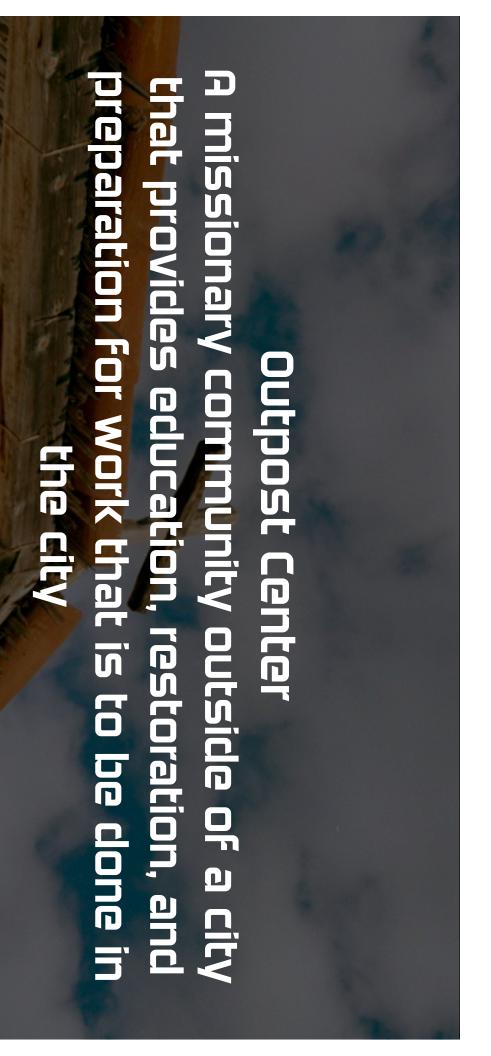


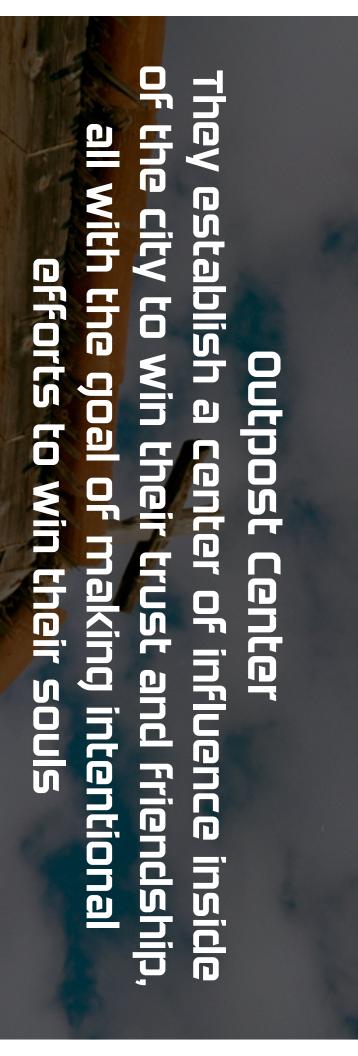












media. But He has called us to influence God has not called us to live "in" social people in/with social media

hinderances to make our progress toward heaven as difficult as possible." and avail ourselves of every help within favorable to our spiritual advancement, our reach; for Satan will oppose many "We should choose the society most

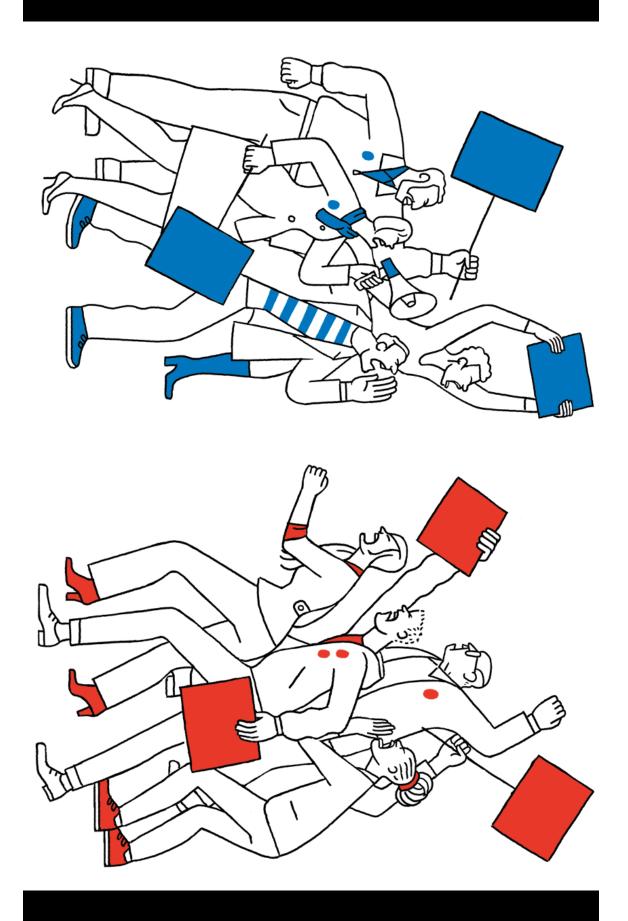
Romans 12:2

"We may be placed in trying positions, for influences that are unfavorable to the many cannot have their surroundings what they would; but we should not -Messages to Young People 419.1 formation of Christian character." voluntarily expose ourselves to

be doubly watchful and prayerful, that, through the grace of Christ we may "When duty calls us to this, we should -Messages to Young People 419.1 stand uncorrupted."

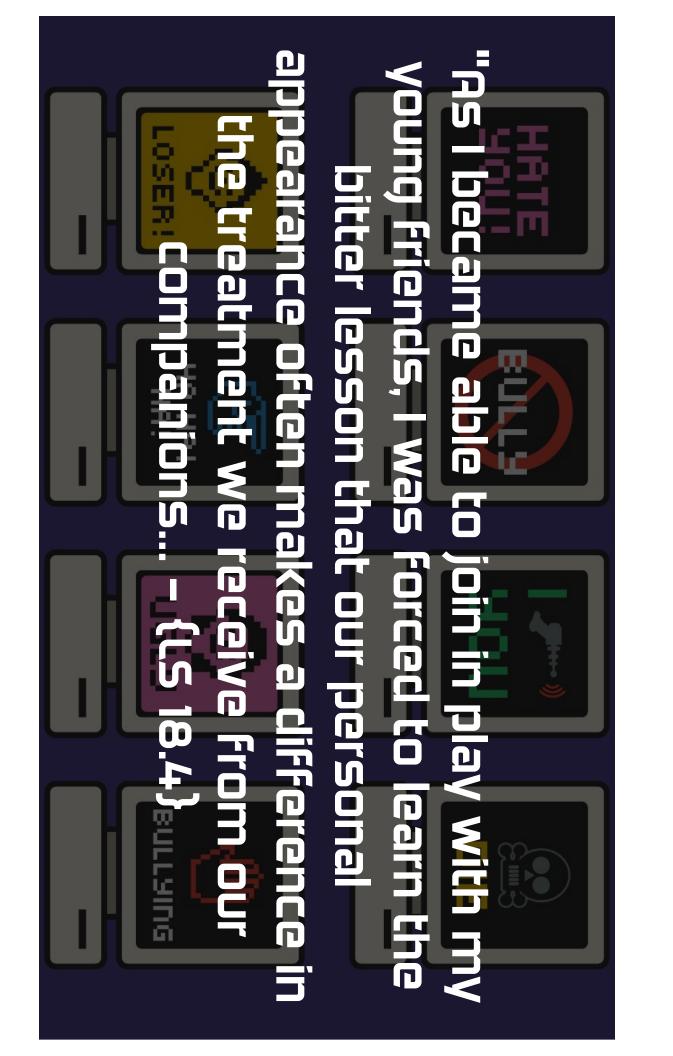
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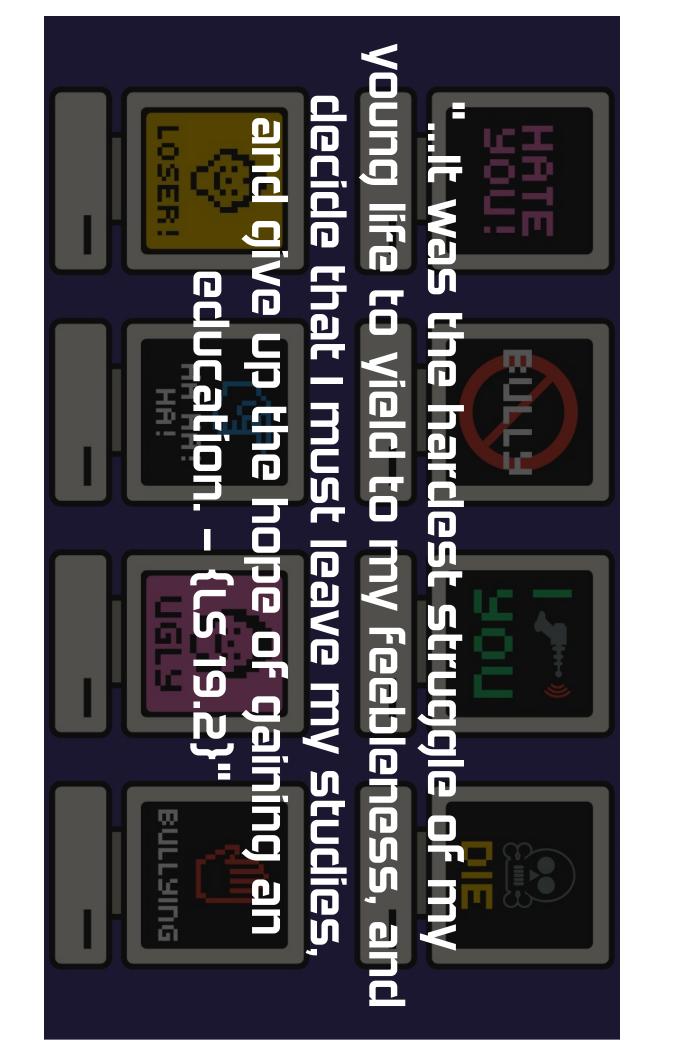


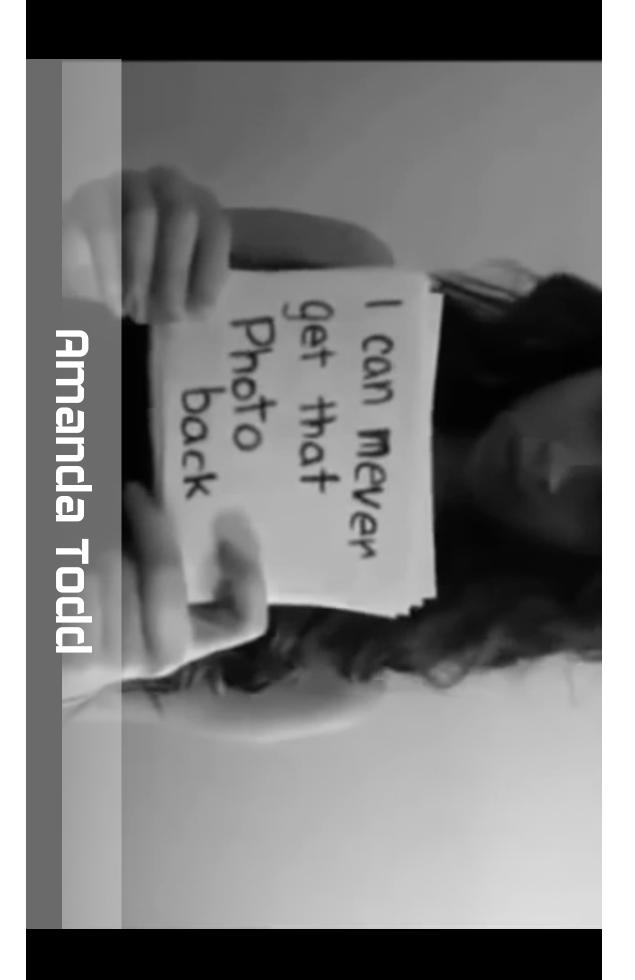


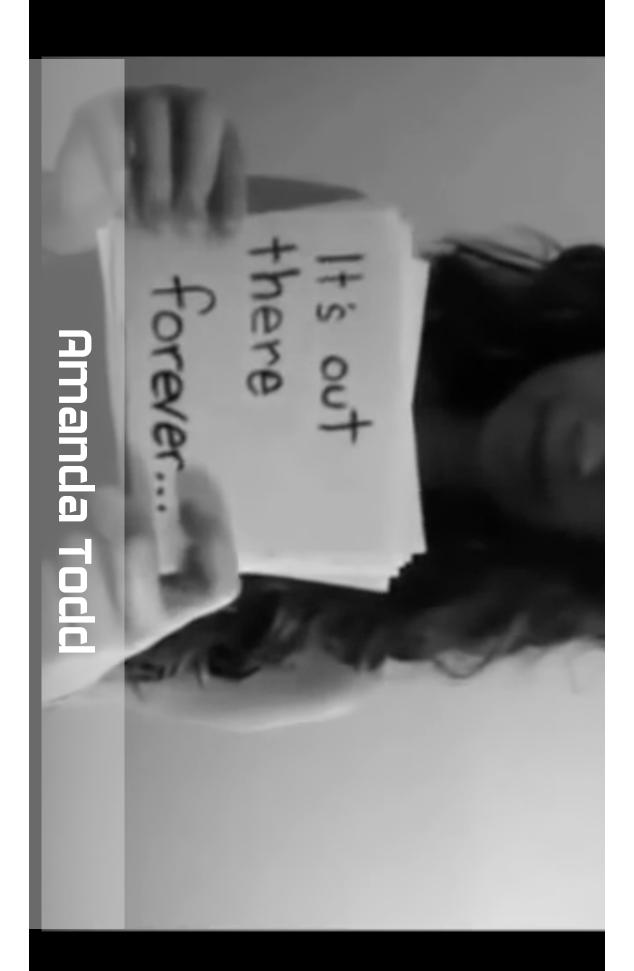
the spirit of variance manifested by our Nothing frightens me more than to see brethren. We are on dangerous ground Christians, and courteously examine when we cannot meet together like controverted points. 1888 534.3

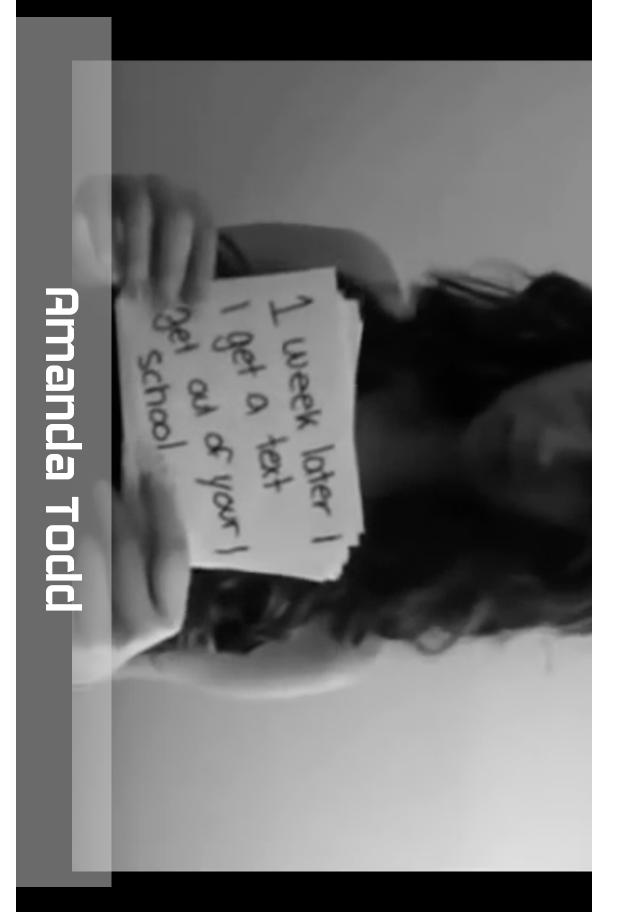
candidly investigate the doctrines of the receive the mold of those who cannot I feel like fleeing from the place lest I examine the evidences of a position Bible. Those who cannot impartially in any department of God's cause 1888 534.3







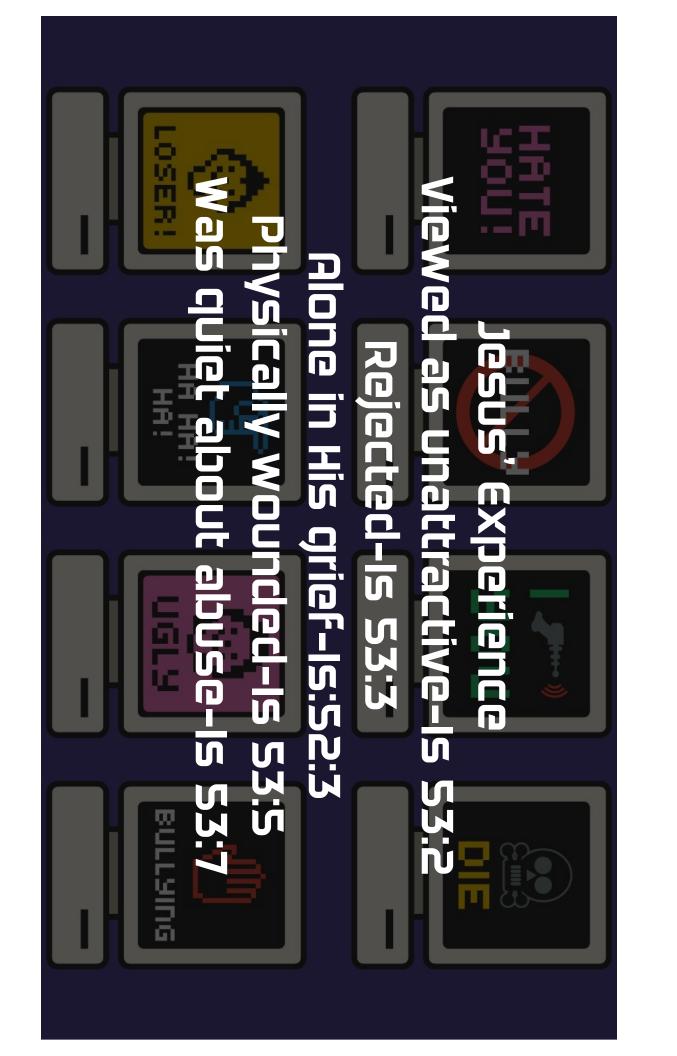


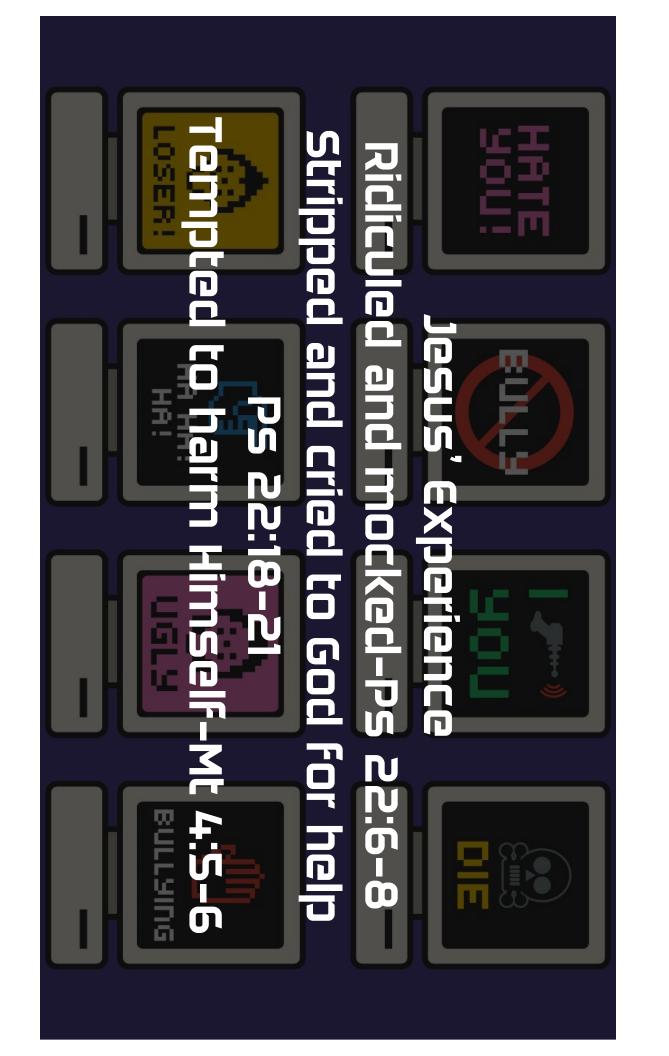


She should try
a different bleach,
I have she and
I have she and
I shart so stubid Amanda Todd

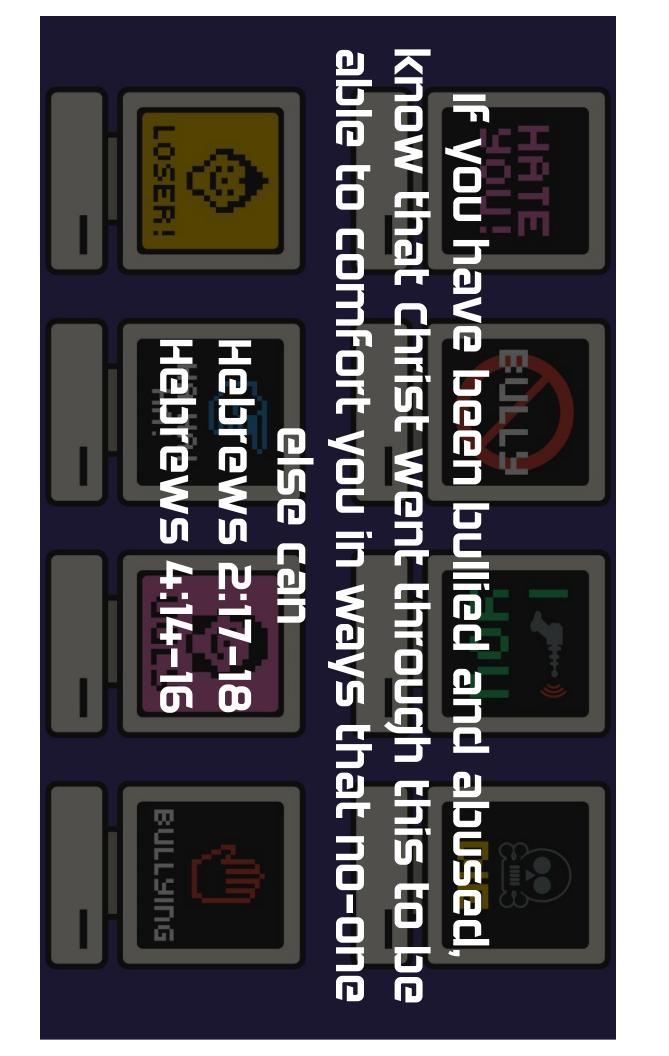


















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Dee Casper