

## Module 02

# Heart Conversion



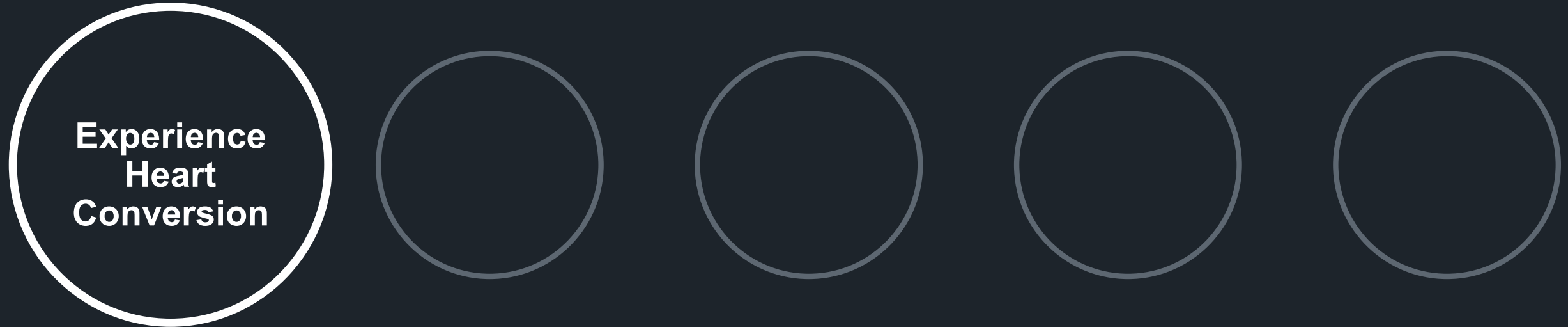
## Poll the audience

Go to **menti.com** and use  
the code **11 54 47**



# Sharing Christ drives a “virtuous cycle”

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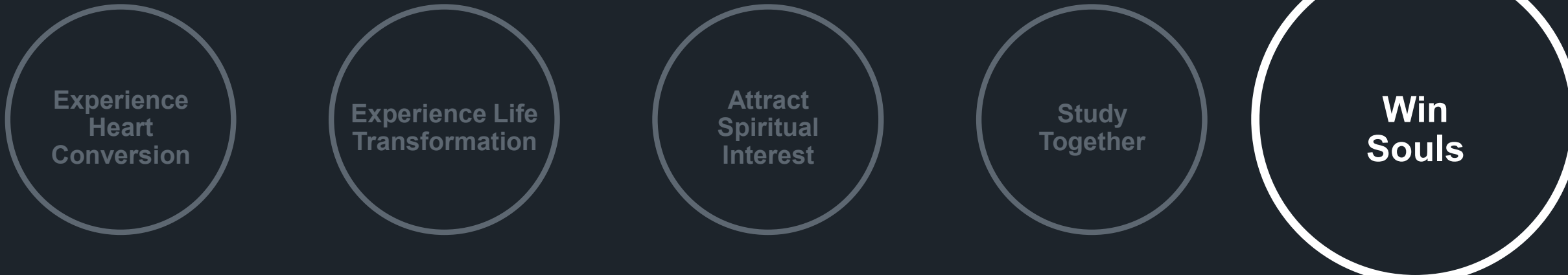
Experience  
Heart  
Conversion

Experience Life  
Transformation

Attract  
Spiritual  
Interest

**Study  
Together**

## Sharing Christ drives a “virtuous cycle”



Experience  
Heart  
Conversion

Experience Life  
Transformation

Attract  
Spiritual  
Interest

Study  
Together

**Win  
Souls**



## Sharing Christ drives a “virtuous cycle”



# It all starts with your heart conversion

**John 3:5–8**

**It all starts with your heart conversion**

**John 3:5–8**

**You must be born  
again...of the Spirit.**

**It all starts with your heart conversion**

**Acts 1:8**

**The Spirit will make  
you a witness**

**It all starts with your heart conversion**

**Acts 1:8**

**If you're heart converted,  
you will be a witness**

**It all starts with your heart conversion**

**Acts 1:8**

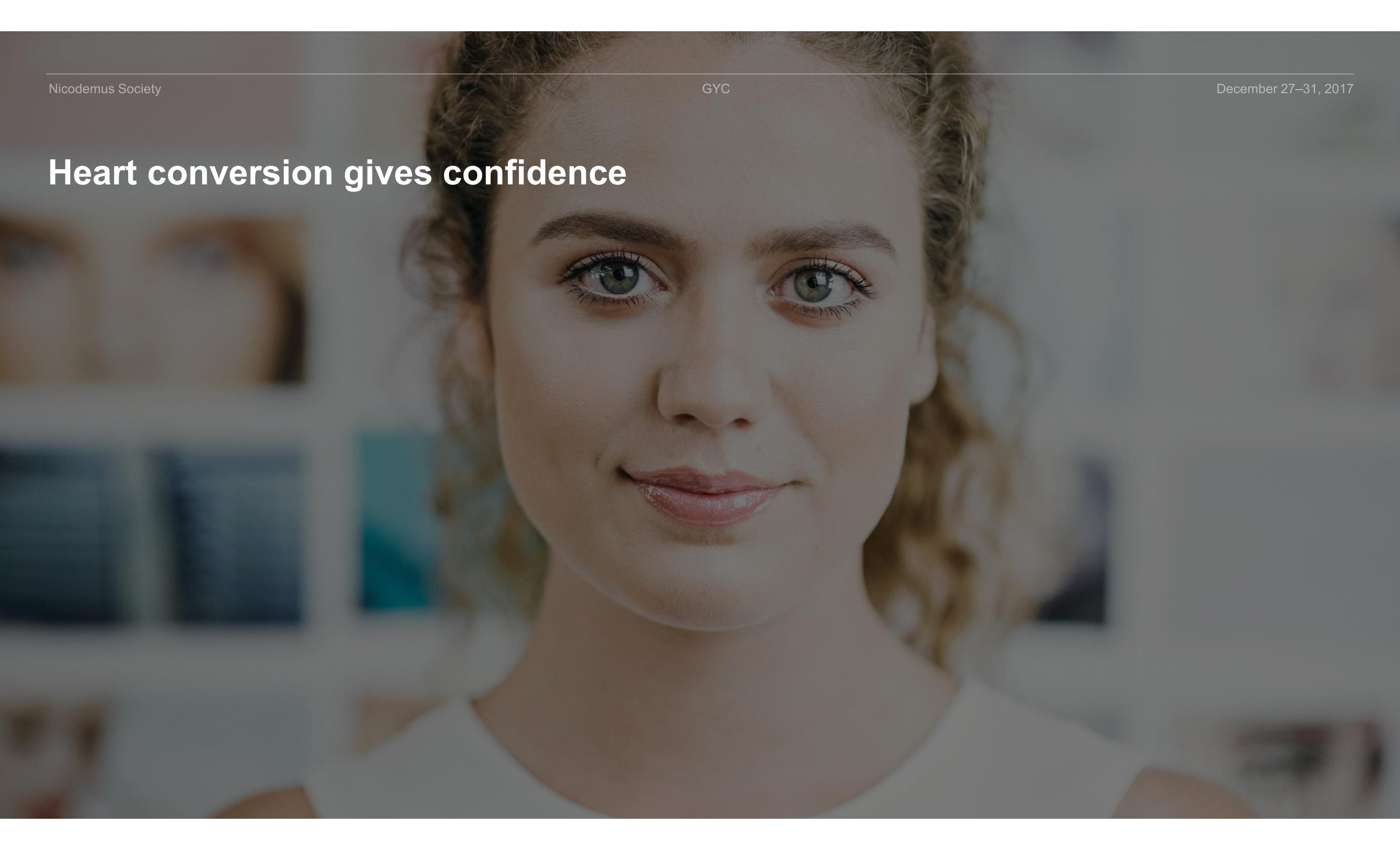
**If you're not a witness,  
you're not heart converted**

**It all starts with your heart conversion**

**Acts 1:8**

**Your witness is a  
barometer of your  
salvation**

# Heart conversion gives confidence

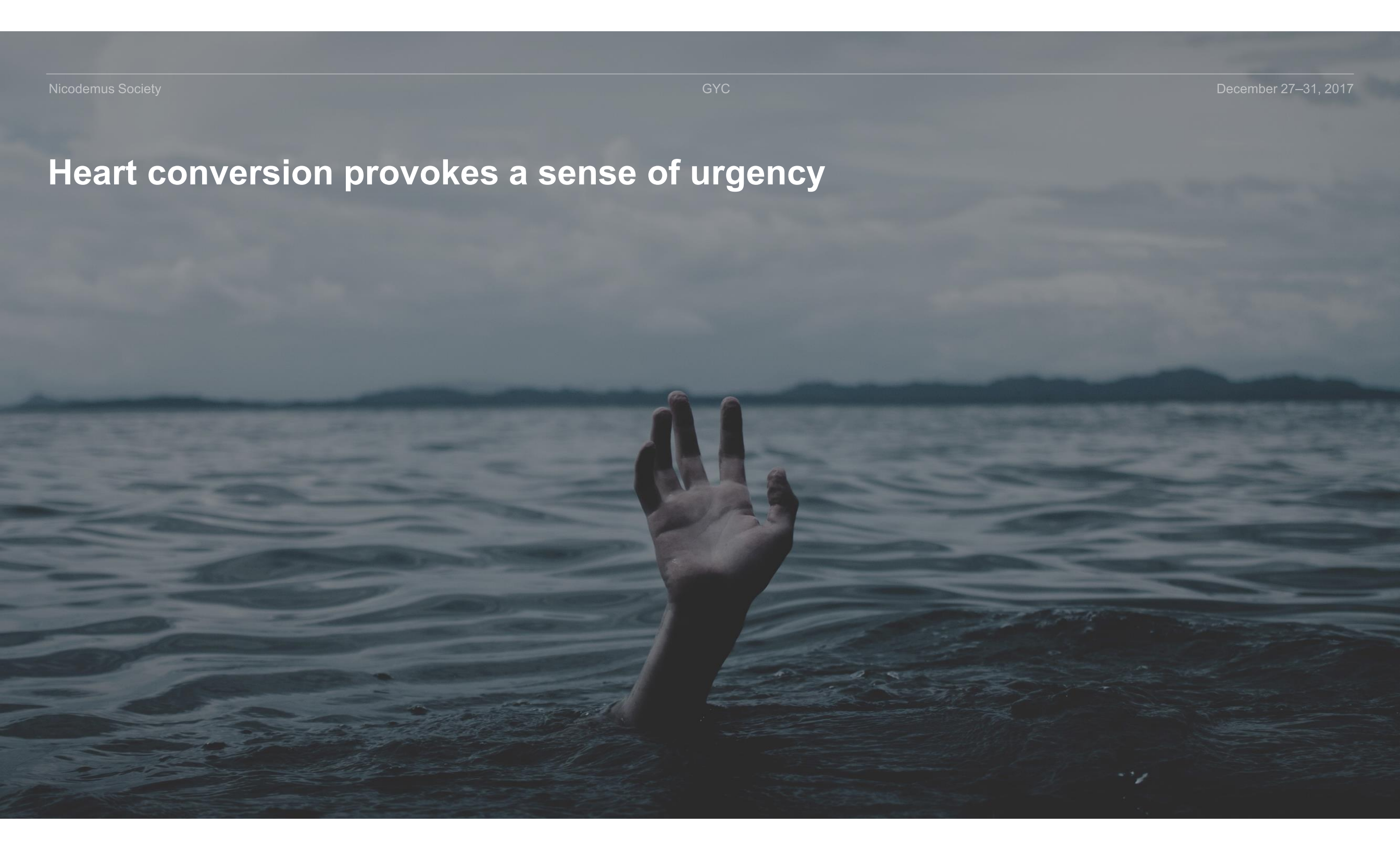




**Heart conversion gives confidence**

**If you don't have  
confidence, you're  
not heart converted**

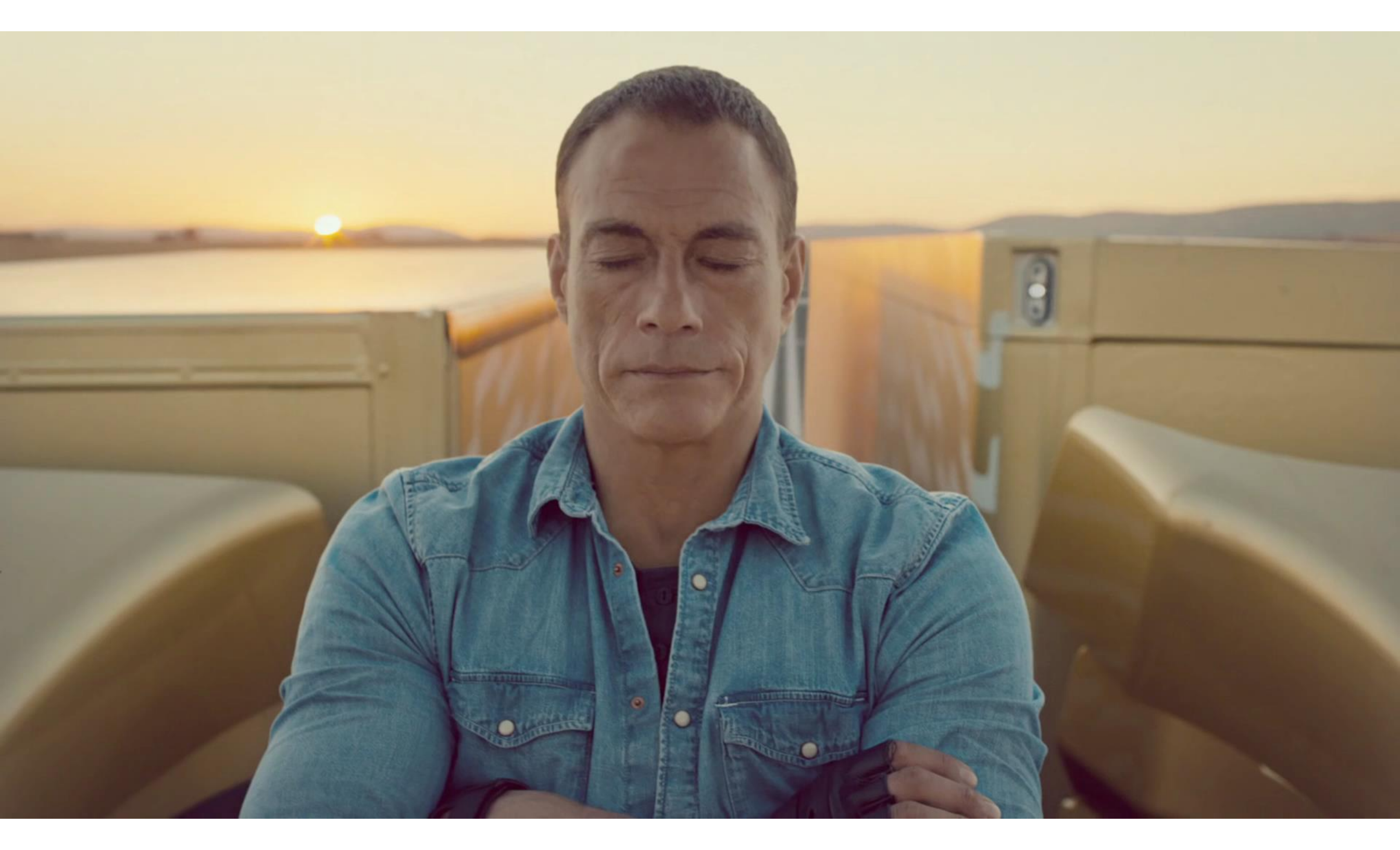
# Heart conversion provokes a sense of urgency



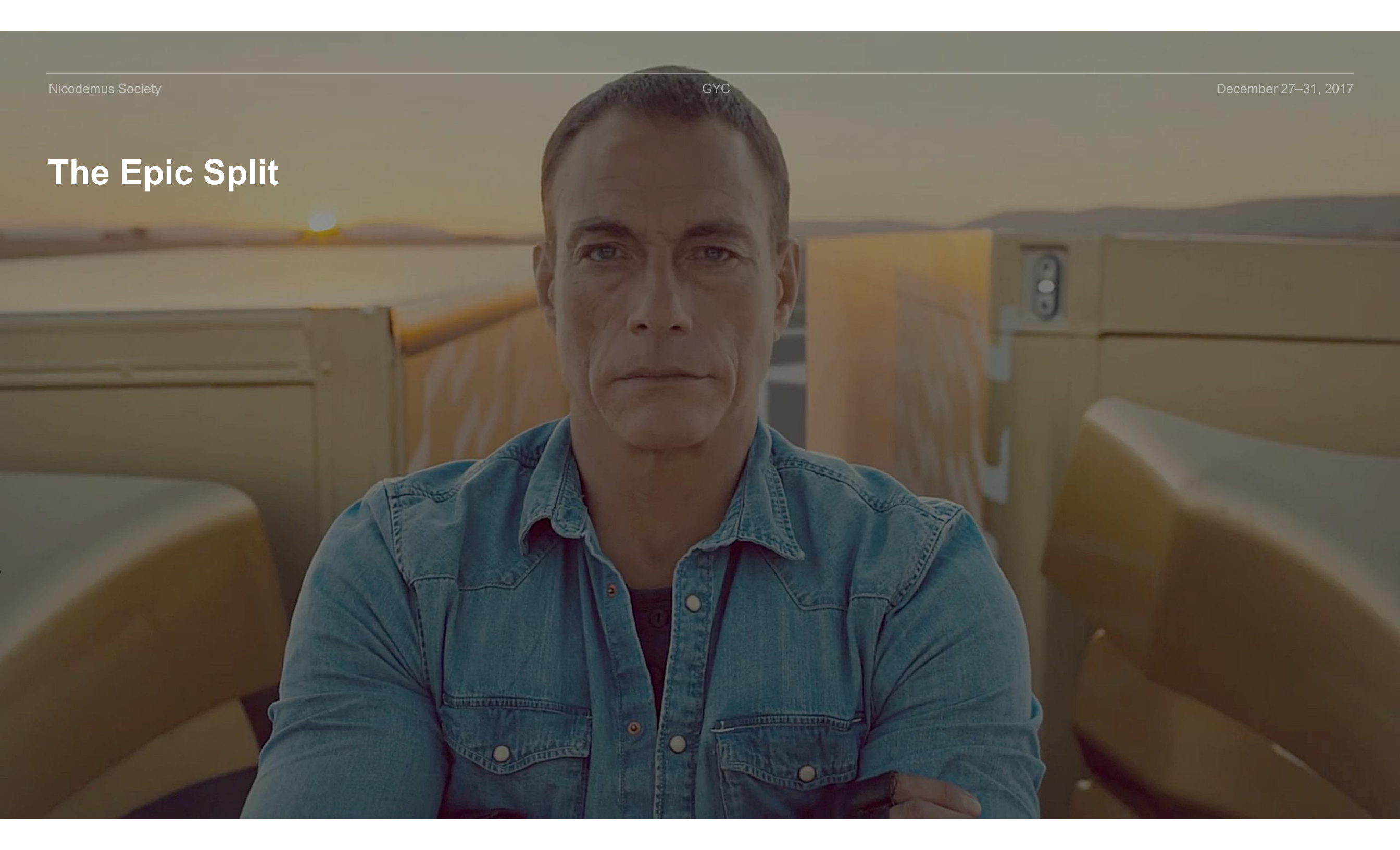
**Heart conversion provokes a sense of urgency**

**You see people differently  
and wonder how you can  
show them God's love**

A hand is seen reaching up from the surface of dark, rippling water. The hand is positioned centrally, with fingers slightly spread, as if reaching for help or a sign of hope. The background is a dark, overcast sky, creating a somber and urgent atmosphere.



# The Epic Split



# An un-heart converted life...



An un-heart converted life...

# God



An un-heart converted life...

# God

# World





# Where are the "Epic Splits" in your life?

**Where are the "Epic Splits" in your life?**

**God**

**Where are the "Epic Splits" in your life?**

**God**

**Fount of every blessing?**

**Where are the "Epic Splits" in your life?**

**God**

**Or cosmic killjoy?**

**Where are the "Epic Splits" in your life?**

**The Law**

Where are the "Epic Splits" in your life?

**The Law**

**Transcript of God's  
beautiful character?**

Where are the "Epic Splits" in your life?

**The Law**

**Or cramping your style?**

**Where are the "Epic Splits" in your life?**

# The Sabbath



Where are the "Epic Splits" in your life?

# The Sabbath

Day of rest and fellowship  
with God?

Where are the "Epic Splits" in your life?

# The Sabbath

Or nice to observe,  
if convenient?

**Where are the "Epic Splits" in your life?**

# **Time, Talent, & Treasure**

Where are the "Epic Splits" in your life?

**Time, Talent, & Treasure**  
**Gifts from God to**  
**glorify Him?**

Where are the "Epic Splits" in your life?

**Time, Talent, & Treasure**  
**Or all mine and God gets**  
**the leftovers (if there are**  
**any)?**

**Where are the "Epic Splits" in your life?**

**Church**

Where are the "Epic Splits" in your life?

**Church**

**Community and platform  
for spiritual growth and  
spreading the Gospel?**

**Where are the "Epic Splits" in your life?**

**Church**

**Or social club with  
potluck?**



**Where are the "Epic Splits" in your life?**

# Media Consumption

Where are the "Epic Splits" in your life?

# Media Consumption

"Set nothing wicked  
before my eyes" (and  
ears)?

Where are the "Epic Splits" in your life?

**Media Consumption**

Or "it's not that big of a deal..."

**Where are the "Epic Splits" in your life?**

# Health Message

**Where are the "Epic Splits" in your life?**

# Health Message

**Blessing from the Creator  
for an abundant life?**

Where are the "Epic Splits" in your life?

**Health Message**

Or burden blocking you  
from enjoying the "finer  
things" in life?

# “Epic Splits” result in Cognitive Dissonance

Leon Festinger



“Epic Splits” result in Cognitive Dissonance

Leon Festinger

“The **excessive mental stress** and **discomfort** experienced by an individual who holds two or more **contradictory beliefs, ideas, and/or values** at the same time.

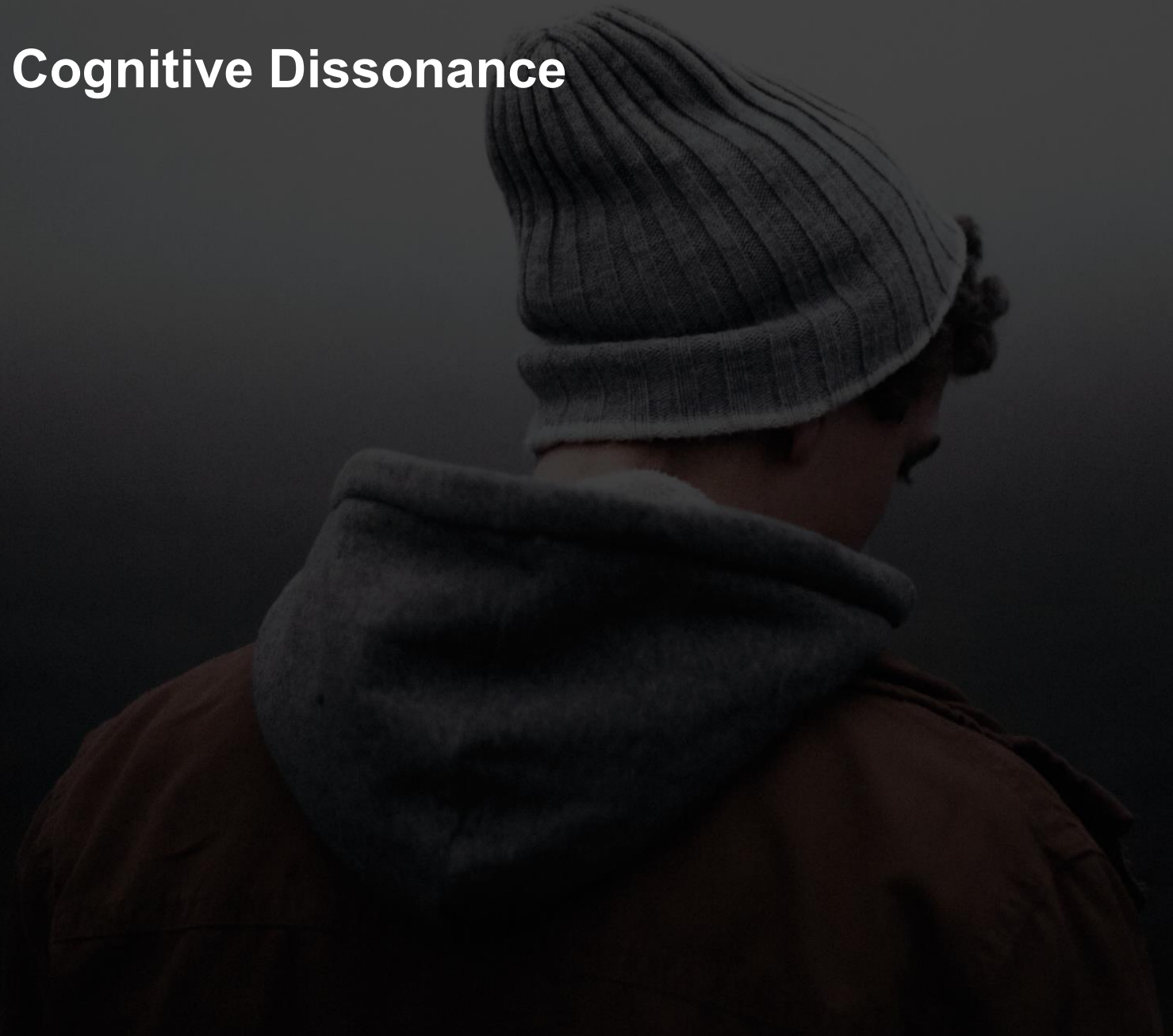


“Epic Splits” result in Cognitive Dissonance

Leon Festinger

This stress and discomfort may also arise within an individual who holds a belief and performs a contradictory action or reaction.”

# Responses to Cognitive Dissonance



## Responses to Cognitive Dissonance

The existence of dissonance, being psychologically uncomfortable, will motivate the person to **try to reduce the dissonance** and achieve consonance.

## Responses to Cognitive Dissonance

When dissonance is present, in addition to trying to reduce it, the person will **actively avoid situations and information** which would likely increase the dissonance

# Example



**Example**

**So you want to lose  
weight...**

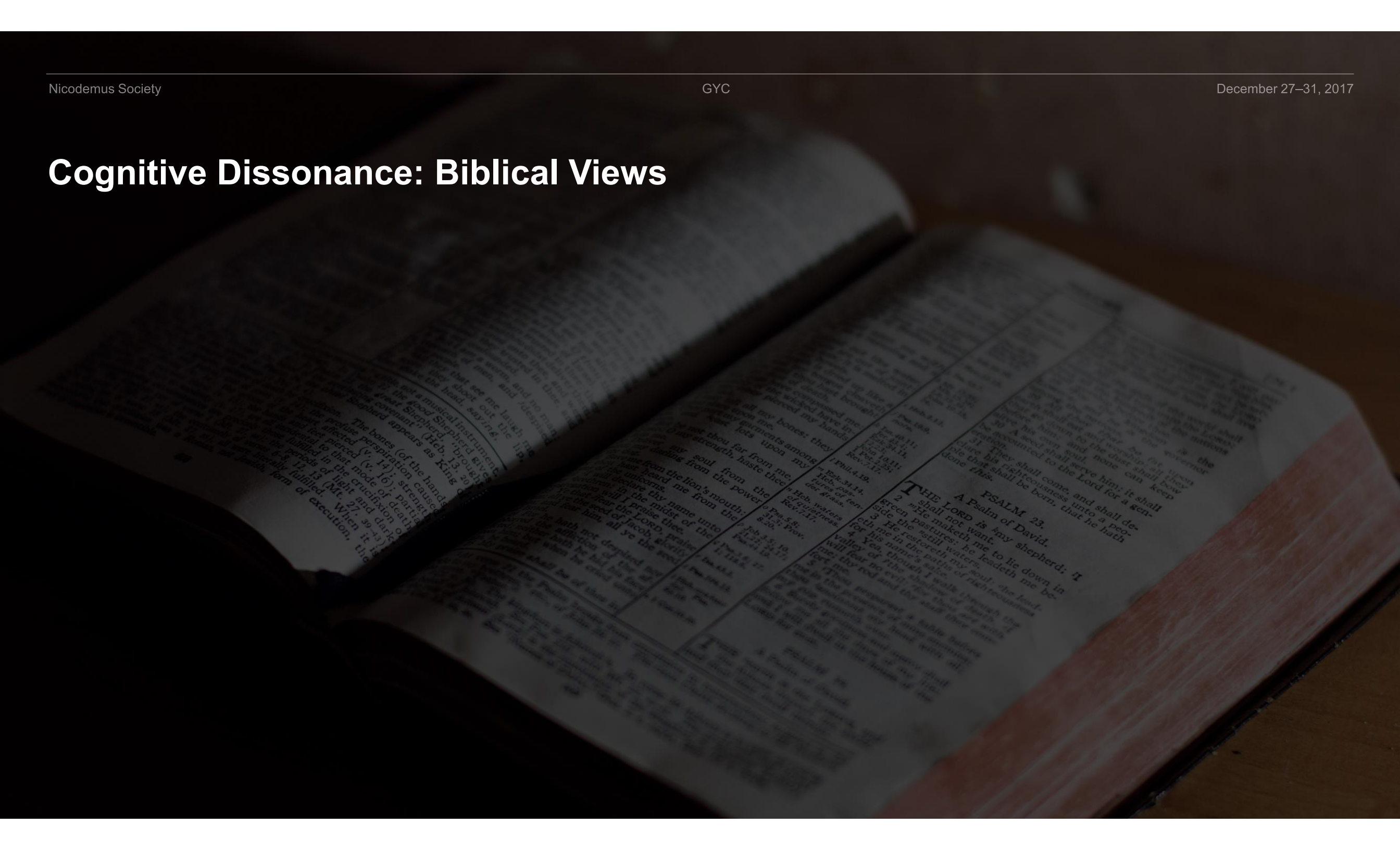


## Example

**But you also want a doughnut!**

Three doughnuts are arranged horizontally on a dark wooden surface. The doughnut on the left is pink, the middle one is blue, and the right one is chocolate. All three are covered in multi-colored sprinkles. The background is a dark wooden surface with scattered sprinkles.

# Cognitive Dissonance: Biblical Views

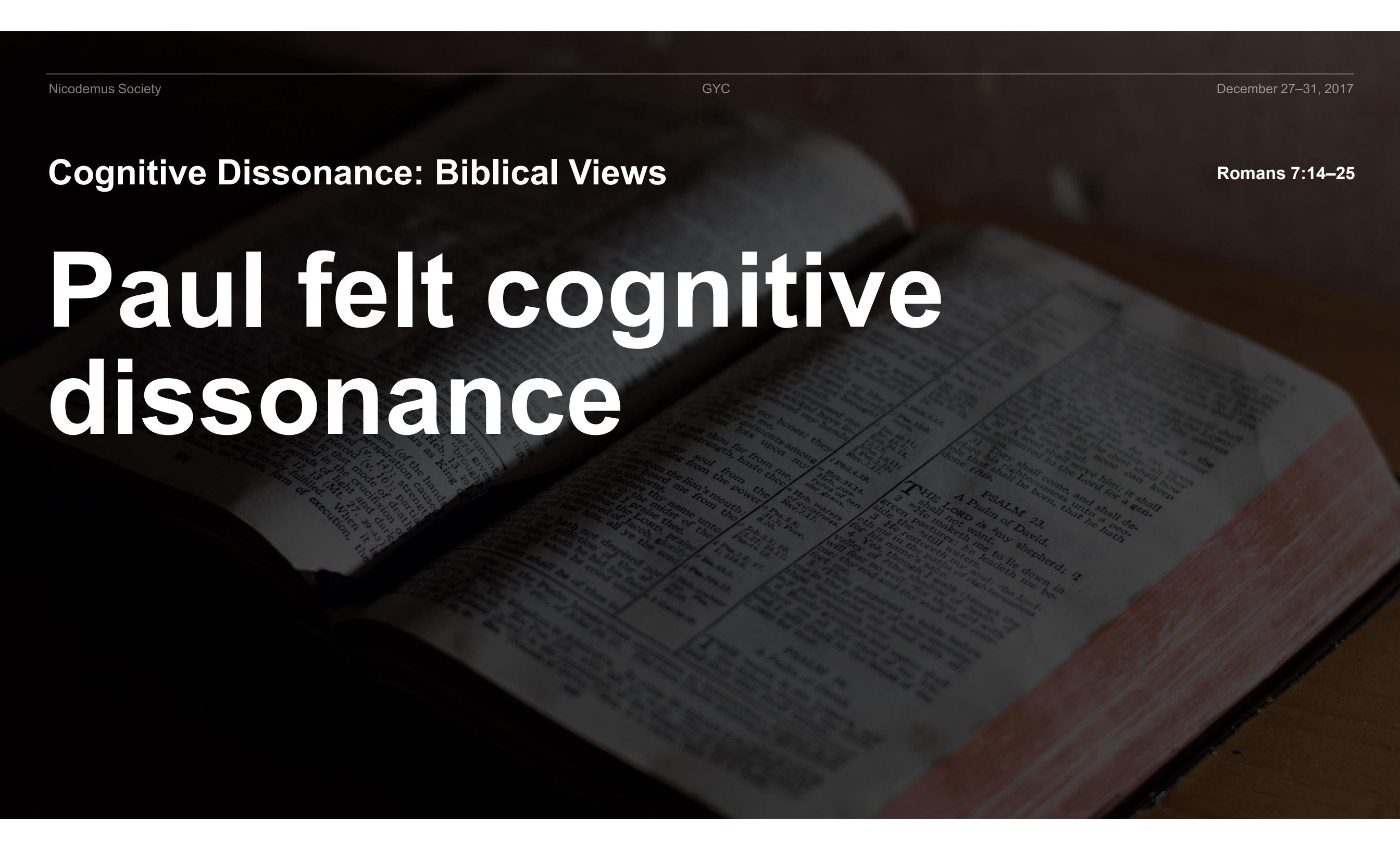




## Cognitive Dissonance: Biblical Views

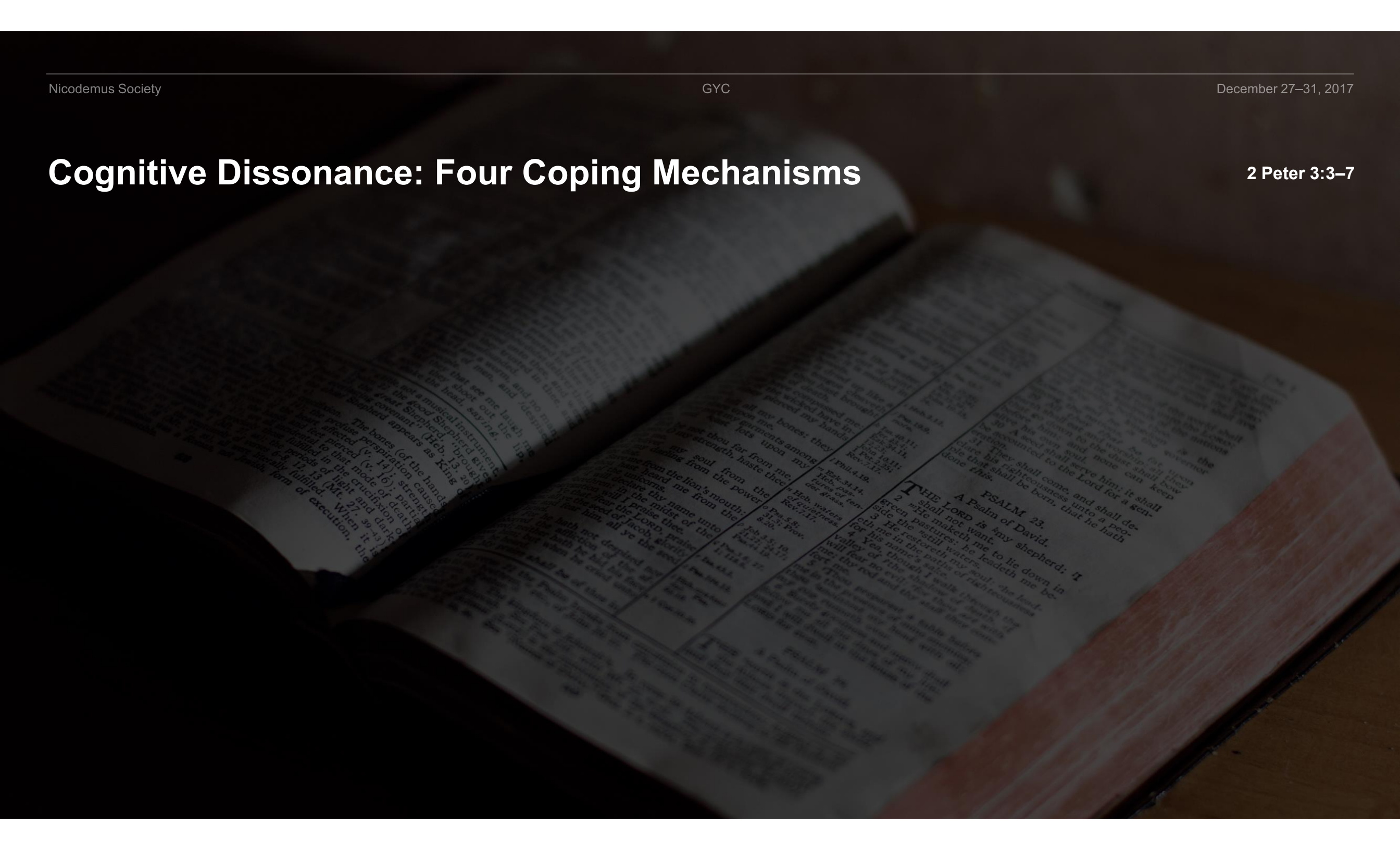
Romans 7:14–25

# Paul felt cognitive dissonance



# Cognitive Dissonance: Four Coping Mechanisms

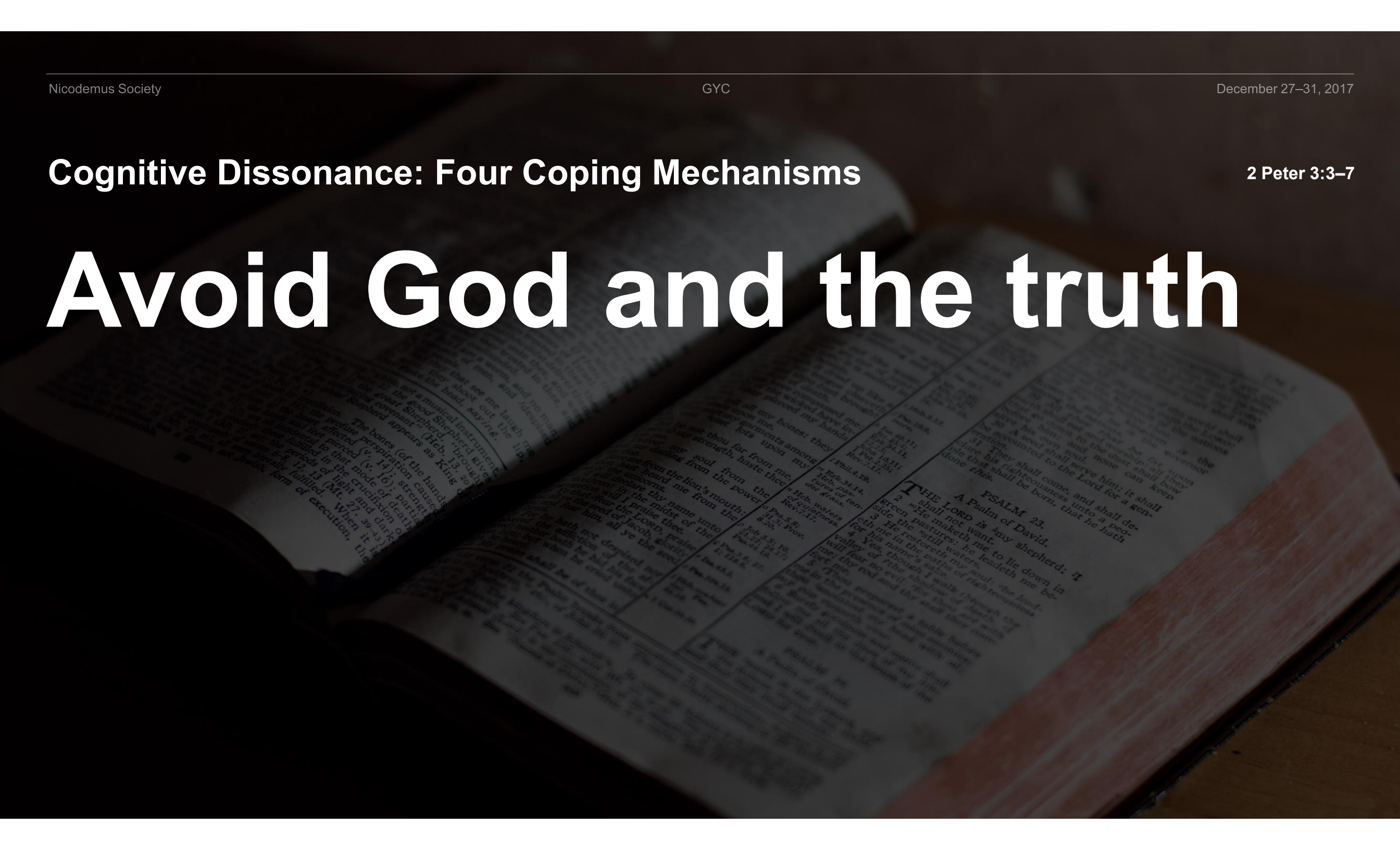
2 Peter 3:3–7



## Cognitive Dissonance: Four Coping Mechanisms

2 Peter 3:3–7

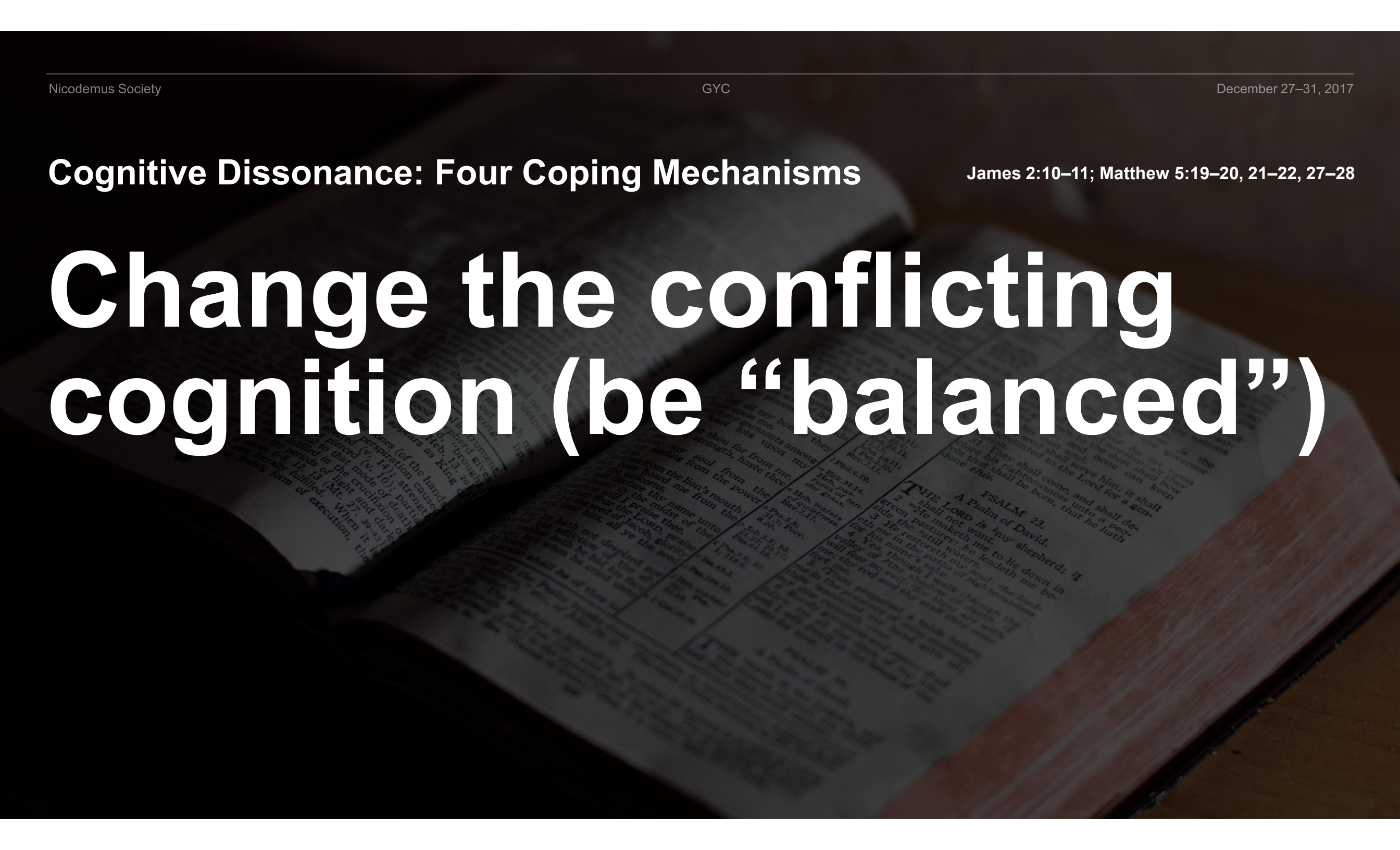
# Avoid God and the truth



## Cognitive Dissonance: Four Coping Mechanisms

James 2:10–11; Matthew 5:19–20, 21–22, 27–28

# Change the conflicting cognition (be “balanced”)



## Cognitive Dissonance: Four Coping Mechanisms

James 2:10–11; Matthew 5:19–20, 21–22, 27–28

Change the conflicting  
cognition (be “balanced”)  
How much of the world  
do you want in you?

## Cognitive Dissonance: Four Coping Mechanisms

Ephesians 2:8–9

**Add a new cognition  
(I'll do good deeds to  
make up for my sin)**

## Cognitive Dissonance: Four Coping Mechanisms

Ephesians 2:8–9

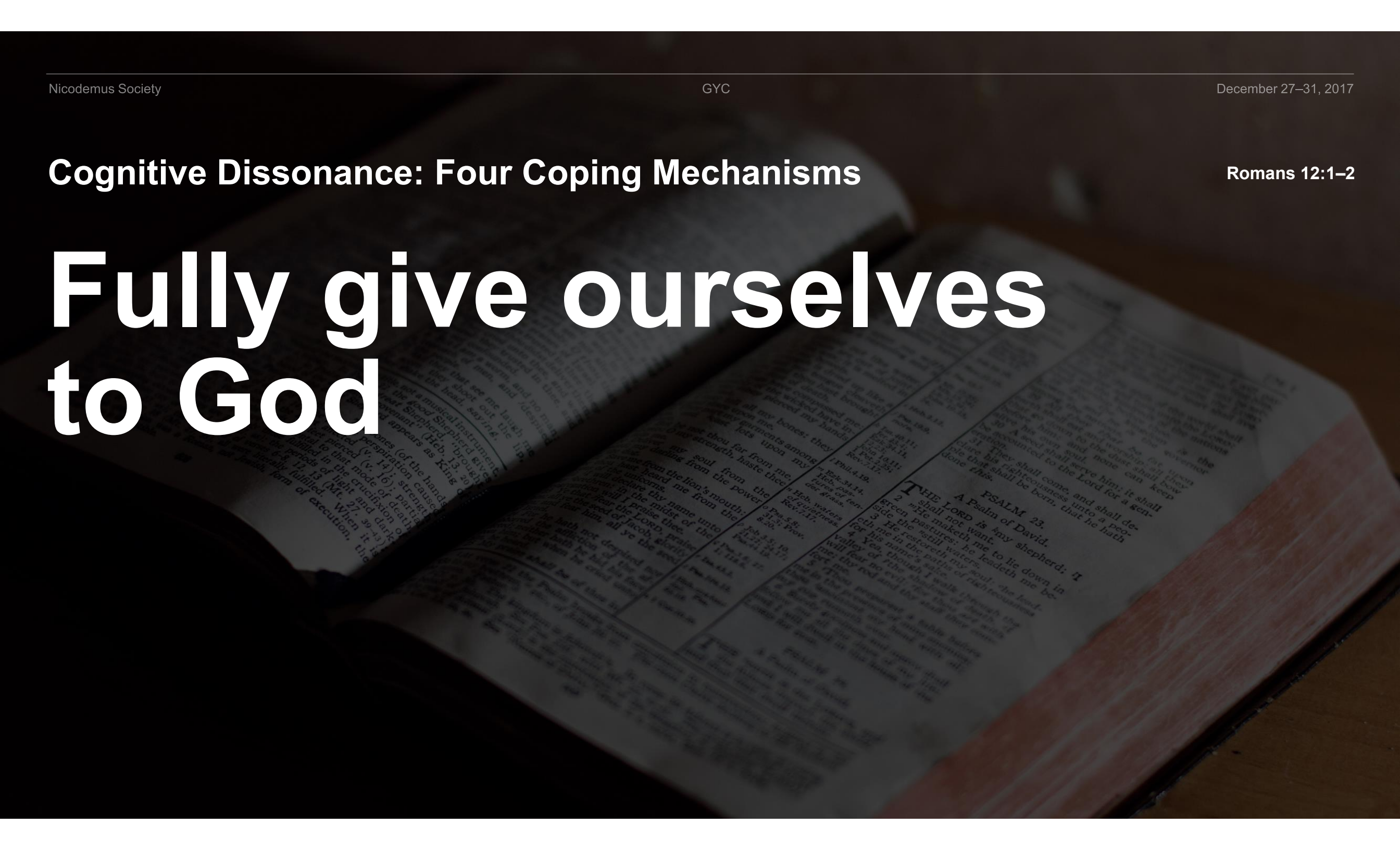
Add a new cognition  
(I'll do good deeds to  
make up for my sin)

We cannot work our  
way into heaven

## Cognitive Dissonance: Four Coping Mechanisms

Romans 12:1–2

# Fully give ourselves to God





## Cognitive Dissonance: Four Coping Mechanisms

Romans 12:1–2

# Fully give ourselves to God

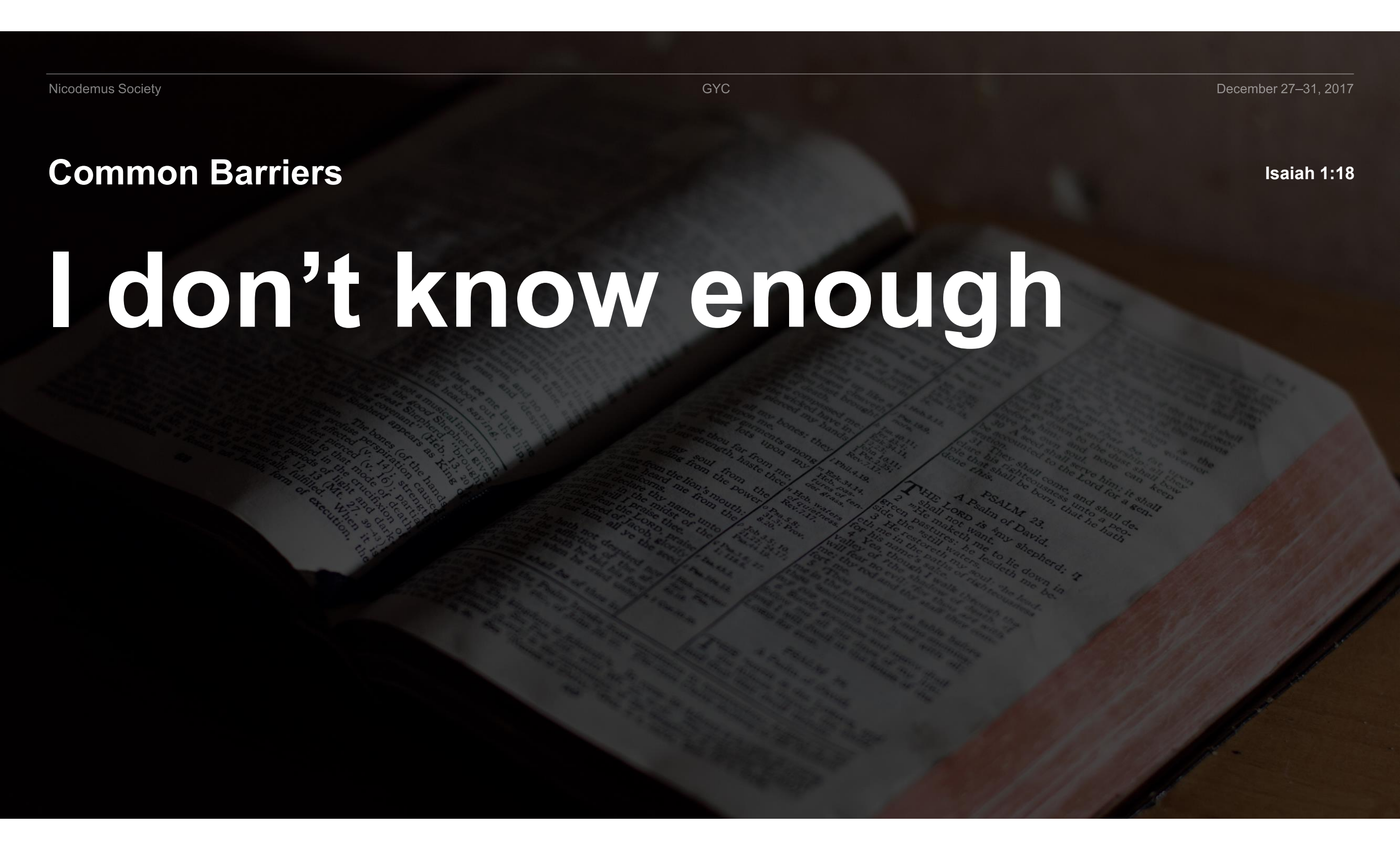
# Only this one leads to Eternal Life!!



## Common Barriers

Isaiah 1:18

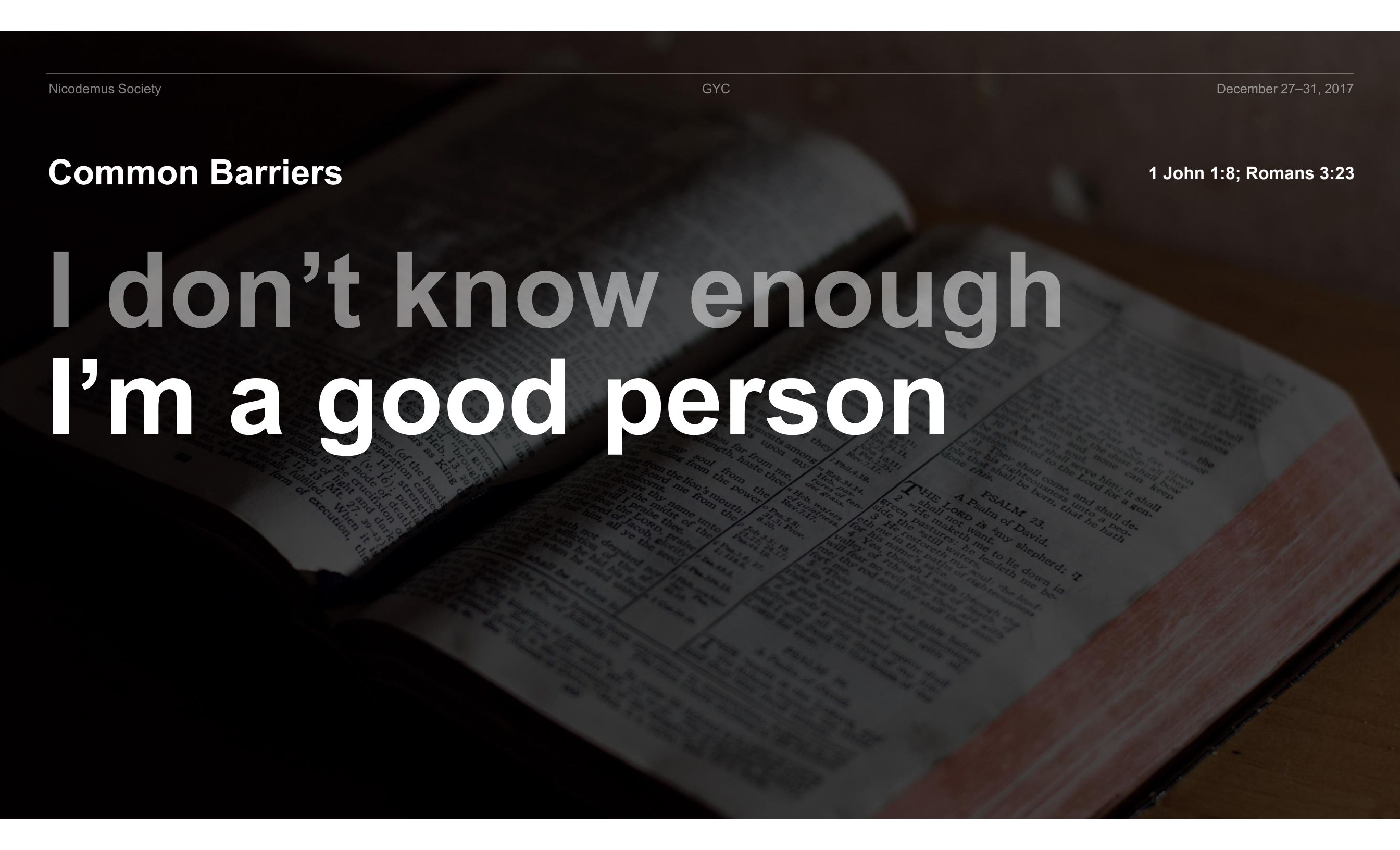
# I don't know enough



## Common Barriers

1 John 1:8; Romans 3:23

# I don't know enough I'm a good person



## Common Barriers

John 11:45–48; 53; 12:9–11

I don't know enough  
I'm a good person  
Not enough evidence

## Common Barriers

James 4:13–16; Matthew 12:31–32

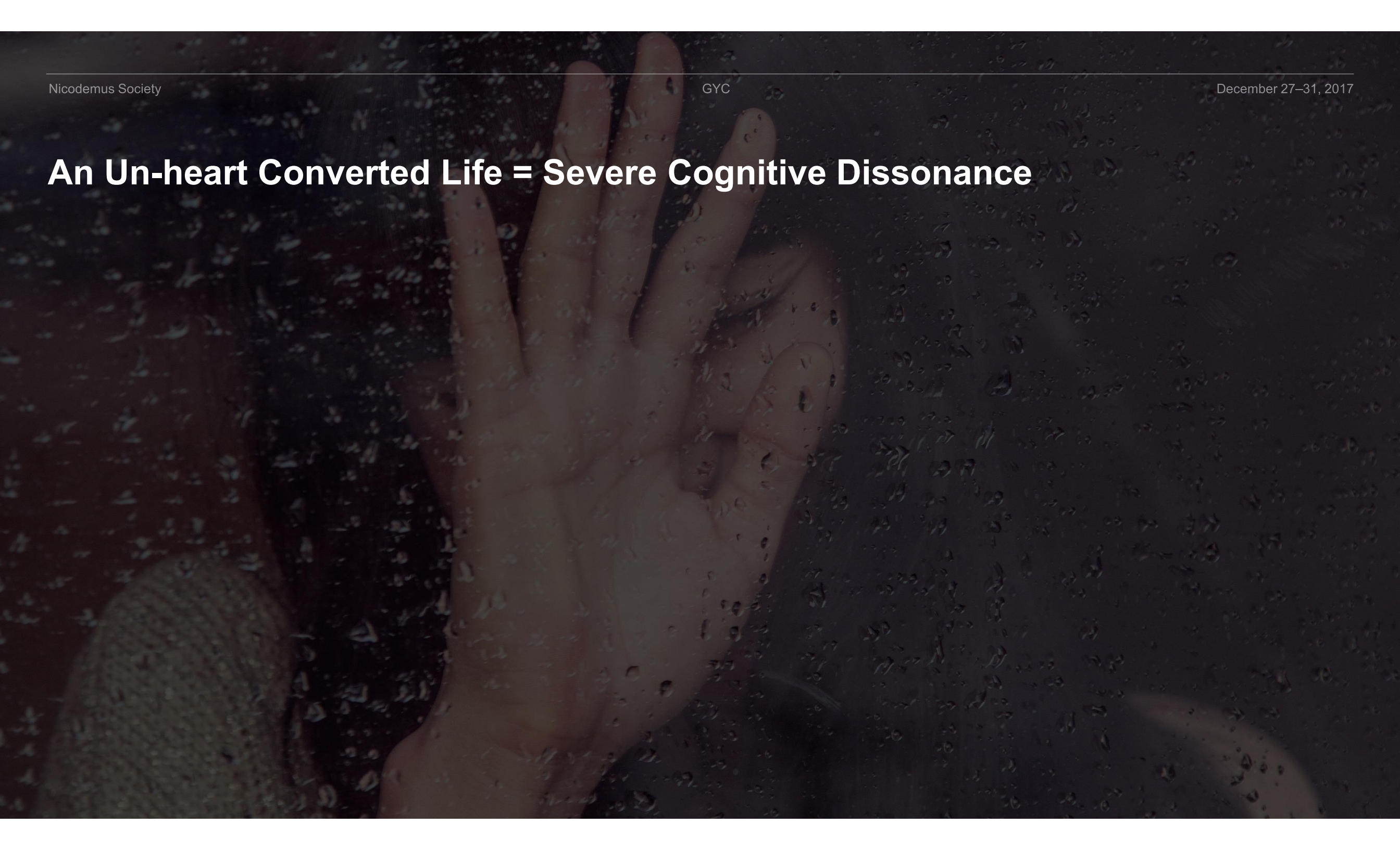
I don't know enough  
I'm a good person  
Not enough evidence  
Later

## Common Barriers

2 Timothy 4:3–4; 1 John 2:15–17

I don't know enough  
I'm a good person  
Not enough evidence  
Later  
Love of the world

# **An Un-heart Converted Life = Severe Cognitive Dissonance**





**An un-heart-converted life = severe cognitive dissonance**

**Cognitive dissonance  
brings your worst self to  
every part of your life**

# What does a heart-converted life look like?

**What does a heart-converted life look like?**

The Youth's Instructor, 9/26/31; MYP 71

**There are those who listen to the truth, and are convinced that they have been living in opposition to Christ. They are condemned, and they repent of their transgressions. Relying upon the merits of Christ, exercising true faith in Him, they receive pardon for sin.**

**What does a heart-converted life look like?**

The Youth's Instructor, 9/26/31; MYP 71

**As they cease to do evil and learn to do well, they grow in grace and in the knowledge of God. They see that they must sacrifice in order to separate from the world; and, after counting the cost, they look upon all as loss if they may but win Christ.**

**What does a heart-converted life look like?**

The Youth's Instructor, 9/26/31; MYP 71

**They have enlisted in Christ's army. The warfare is before them, and they enter it bravely and cheerfully, fighting against their natural inclinations and selfish desires, bringing the will into subjection to the will of Christ. Daily they seek the Lord for grace to obey Him, and they are**

What does a heart-converted life look like?

The Youth's Instructor, 9/26/31; MYP 71

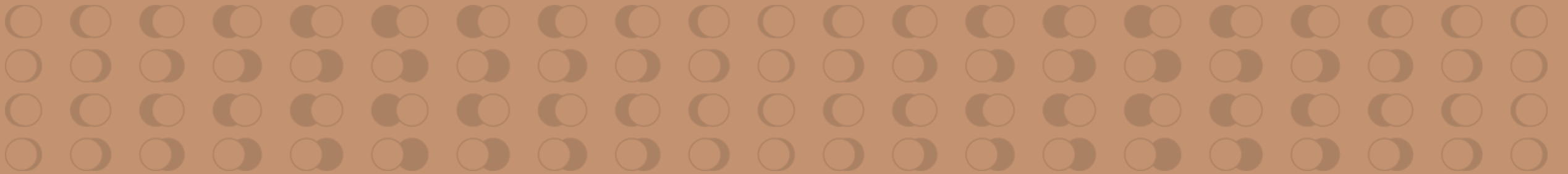
strengthened and helped. This is true conversion. In humble, grateful dependence he who has been given a new heart relies upon the help of Christ. He reveals in his life the fruit of righteousness.

**What does a heart-converted life look like?**

The Youth's Instructor, 9/26/31; MYP 71

**He once loved himself. Worldly pleasure was his delight. Now his idol is dethroned, and God reigns supreme. The sins he once loved he now hates. Firmly and resolutely he follows in the path of holiness.**

# Reflect





## Reflect

**Do you believe that you  
are heart converted? Why  
or why not?**



## Reflect

# If not, what stands in your way?



## Reflect

# What will it take for you to choose Christ fully?



# Stay Engaged—NicodemusSociety.org

