



Who Needs A Right Arm?

Angeline B. David, DrPH, MHS, RDN
Health Ministries Director
North American Division of Seventh-day Adventists
health@nadadventist.org | nadhealthministries.org



More & More to Come...

- Health Sabbath — February 10, 2018
- Children's health conference — February 25, 2018 @ Loma Linda, CA
- NAD Health Summit — January 2019
- Women's health retreat — September 2019
- Email newsletter (health@nadadventist.org)
- Health Ministries magazine
- CELEBRATIONS
- Mental health program
- Grief recovery
- Pornography addiction recovery
- Free downloads and online resources
- Online trainings



www.nadhealthministries.org

health@nadadventist.org



The Sign?

Matthew 24:3



Signs of His coming
Matthew 24:4 - 39 (35 verses)

Signs of for whom He is coming
Matthew 24:40 - 25:46 (58 verses)



Matthew 24:4 - 39

4th But Jesus answered and said unto them, Behold that day shall come as a thief in the night.
 5 For as when some were sleeping, so shall the Son of Man come: so shall he find some sleeping.
 6 And he shall find some watching, and he will reward them as he will.
 7 And he shall find some watching, and he will reward them as he will.
 8 And he shall find some watching, and he will reward them as he will.
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 37 And he shall find some watching, and he will reward them as he will.
 38 And he shall find some watching, and he will reward them as he will.
 39 And he shall find some watching, and he will reward them as he will.

Matthew 24:40 - 25:46

40th Then Jesus saith unto them, Watch ye therefore, for ye know not the day of the Lord's coming.
 41 For as it was in the days of Noah, so shall it be also in the days of the Son of Man.
 42 For as it was in the days of Noah, so shall it be also in the days of the Son of Man.
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 100 For as it was in the days of Noah, so shall it be also in the days of the Son of Man.



Focus of the Signs

- 24:9 — they will deliver you to be tormented
- 24:13 — they that endure will be saved
- 24:20 — pray your flight is not on Sabbath
- 24:22 — tribulation will be shortened for the sake of the elect
- 24:31 — the elect will be gathered



Christ's Counsel to Us

- Matthew 24:40-44
 - ▶ Life will continue as usual
 - ▶ Watch therefore...be ye also ready...
- Matthew 24:45-51 — Faithful & foolish servants
 - ▶ Do not get tired of waiting
 - ▶ Do not get distracted or complacent
 - ▶ Do not attack others!
 - ▶ Be about your Father's business



Christ's Counsel to Us

- Matthew 25:1-13 — Ten virgins
 - ▶ Keep your lamps trimmed & burning
 - ▶ Plead for the gift of the Holy Spirit
- Matthew 25:14-30 — The talents
 - ▶ We are all given at least one gift/ability
 - ▶ We must use it or lose it
 - ▶ God does the multiplying



Christ's Counsel to Us



- Matthew 25:31-46 — The last judgment
 - ▶ For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. (35, 36)
 - ▶ The righteous did works of mercy, kindness, compassion, healing
 - ▶ They did not realize the impact of their work

Questions to Ask



- What is medical missionary work/health ministry?
- Why do it?
- Where & when?
- Who should do it?
 - ▶ Who should do what?
 - ▶ For whom should it be done?
- What should be done?
- How should it be done?

What is health?



Health/Wellness Defined



- “a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity” ~ The World Health Organization
- “an active process of becoming aware of and making choices toward a healthy and fulfilling life” ~ UC Davis
- “a conscious, self-directed and evolving process of achieving full potential” ~ The National Wellness Institute

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- Four Foundational Principles
 - ▶ **Inspiration:** We believe the Word of God is the very best guide to making careful and wise choices in every area of life, including those things that impact our health. We are also grateful for the amplification of these Biblical principles in the writings of Ellen G. White.
 - ▶ **Evidence:** We operate under the conviction that God is the author of all true science. Therefore, we respect evidence which stands up to the rigors of careful examination and analysis according to accepted scientific principles. We believe this is vital in a world filled with misinformation and falsehood.



God did not intend that this institution should be carried on after the order of any other health institute in the land, but that it should be one of the most effectual instrumentalities in His hands of giving light to the world. It should stand forth with **scientific ability**, with **moral and spiritual power**; and as a **faithful sentinel of reform** in all its bearings.



Counsels on Health, 401

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- Four Foundational Principles
 - ▶ **Balance:** Even good things can be taken to excess. Therefore, we are deeply committed to balance--physical, mental, social and spiritual--in every aspect of life to support health, happiness and healing.
 - ▶ **Relationships:** Social support is essential to human existence and health. Positive relationships with family, friends, community and God play a significant role in personal health, productivity, and our ability to help others. It supports and aids healing as well.



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- We believe in a "ministry of healing" by which we can be restored to wholeness.
- Our concept of "whole" involves "the whole person": spiritual, physical, mental and social — as we do not exist in isolation.
- We emphasize the prevention of diseases through simple lifestyle patterns that permit God's restorative powers to work more effectively on our behalf, while in no way minimizing the effectiveness of proven therapy where disease has already occurred.



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- We also believe firmly in the same Power that healed the paralytic in Luke 5:
The paralytic found in Christ healing for both the soul and the body. He needed health of soul before he could appreciate health of body. Before the physical malady could be healed, Christ must bring relief to the mind, and cleanse the soul from sin. This lesson should not be overlooked... The peace which He alone can impart would restore vigor to the mind and health to the body.
Ministry of Healing, page 77



Why Health Ministry?



We have come to a time when every member of the church should take hold of medical missionary work. The world is a lazar house filled with victims of both physical and spiritual disease. Everywhere people are perishing for lack of a knowledge of the truths that have been committed to us...

Testimonies for the Church, Vol 7, 62.1



...The members of the church are in need of an awakening, that they may realize their responsibility to impart these truths. Those who have been enlightened by the truth are to be light bearers to the world. To hide our light at this time is to make a terrible mistake...

Testimonies for the Church, Vol 7, 62.1



...The message to God's people today is: "Arise, shine; for thy light is come, and the glory of the Lord is risen upon thee."

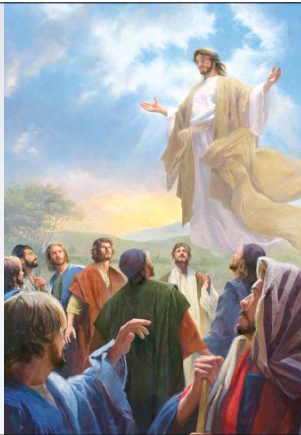
...Before the true reformer, the medical missionary work will open many doors.

Testimonies for the Church, Vol 7, 62.1-62.3



Why work?

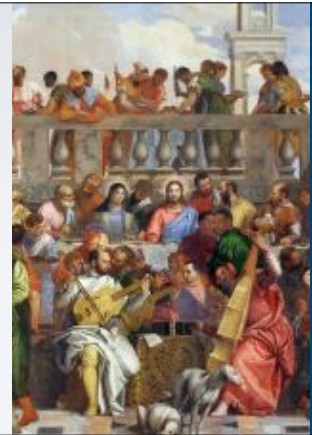
- The Great Commission
 - ▶ Matthew 28:18-20
- Restore the kingdom
 - ▶ Acts 1:6-8
- Sent by God
 - ▶ John 20:21



Pattern for Ministry

And Jesus went about all Galilee, **teaching** in their synagogues, **preaching** the gospel of the kingdom, and **healing** all kinds of sickness and all kinds of disease among the people.

Matthew 4:23



The Lord Jesus is our example... He went from city to city, from village to village, teaching the gospel of the kingdom, and healing the sick. **Christ spent more time in healing than in teaching.**

The Gospel Herald, May 1, 1908



The Saviour of the world devoted more time and labor to healing the sick than to **preaching**. His last injunction to His apostles, His representatives upon earth, was to lay hands on the sick, that they might recover. And when the Master shall come again, He will commend those who have visited the sick, and relieved the necessities of the afflicted.

Review & Herald, February 1, 1898



Nothing will open doors for the truth like evangelistic medical missionary work. This will find access to hearts and minds, and will be a means of converting many to the truth.

Evangelism, 513.1



Medical missionary work is the right, helping hand of the gospel, to open doors for the proclamation of the message...

Evangelism, 513.2



Many are disgusted with the dry formalism which exists in the Christian world. Many are becoming infidels because they see the **lack of true piety** in those who profess to be Christians. A good work could be done to prepare the way for the introduction of the truth if decided testimonies were borne upon the **health and temperance** branch of the work.

Evangelism, 514.5



Medical missionary work is the right hand of the gospel. It is **necessary** to the advancement of the cause of God... Every city is to be entered by workers **trained** to do medical missionary work. As the right hand of the third angel's message, God's methods of treating disease will open doors for the entrance of **present truth**.

Evangelism, 515.4



The divine commission needs no reform. Christ's way of presenting truth cannot be improved upon. The Saviour gave the disciples practical lessons, teaching them how to work in such a way as to **make souls glad in the truth**. He sympathized with the weary, the heavy-laden, the oppressed...

Counsels to the Church, 308.3



...He fed the hungry and healed the sick. Constantly He went about doing good. By the good He accomplished, by His loving words and kindly deeds, **He interpreted the gospel to men.**

Counsels to the Church, 308.3



Summary...

- Christ spent more time healing than in preaching or teaching
- Evangelistic medical missionary work...
 - ▶ will open doors
 - ▶ will be a means of conversion
 - ▶ is the right, helping hand of the gospel
 - ▶ will open closed doors



Summary...

- Health work prepares the way for truth to be introduced to those who reject it because they see a lack of true piety among believers
- Health work is necessary for advancement of the work of the gospel
- Every city should be worked
- Workers should be trained
- Christ's good works provided an interpretation of the gospel



Christ's work in behalf of man is not finished. It continues today. In like manner His ambassadors are to preach the gospel and to reveal His pitying love for lost and perishing souls. By an unselfish interest in those who need help they are to give a **practical demonstration** of the truth of the gospel...

Counsels to the Church, 308.4



...They are to be colaborers with Christ, **revealing** to those ready to perish His tender, pitying love... Work with a heart filled with an earnest longing for souls. **Do medical missionary work.** Thus you will gain access to the hearts of people, and the way will be prepared for a more decided proclamation of the truth.

Counsels to the Church, 308.4



Why?

End goal: prepare way for proclamation of present truth

Objective: reveal Christ's love



Why is good health so important?



Why a healing ministry?

Reach the Heart



Doors that have been closed to him who merely preaches the gospel will be opened to the intelligent medical missionary. God **reaches hearts** through the relief of physical suffering.

Evangelism, 513.3



Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and **won their confidence**. Then He bade them, "Follow Me."

Ministry of Healing, 143.3



Physiology of Trust

- Trust fires in the prefrontal cortex
 - ▶ planning complex cognitive behavior, personality expression, decision making, and moderating social behavior
- Distrust fires in the amygdala
 - ▶ emotions, survival instincts, and memory



FIGURE 2-1: Distrust and Trust

Conversational Intelligence: How Great Leaders Build Trust



Physiology of Trust

- Strong bonds of trust produce "feel good" hormones oxytocin, dopamine, serotonin
- Influence us to
 - ▶ work out issues & challenges
 - ▶ be open to new experiences
 - ▶ link with others in creative partnerships

Source: Conversational Intelligence: How Great Leaders Build Trust



RESEARCH
Qualitative Research

Formative Research to Inform Nutrition Interventions in Chuuk and the US Pacific

Nia Aitao, PhD; Shelly Campo, PhD; Linda G. Snetselaar, PhD; Kathleen F. Janz, EdD; Karen B. Farris, PhD; Edith Parker, DPH; Tayna Belyeu-Camacho; Fr Ryan P. Jimenez, MDiv

- Behaviors that influence adherence
 - ▶ preparing & consuming meals with extended family & church
 - ▶ patient & group motivation
 - ▶ access to health foods
 - ▶ holistic view of health focused on motivation with spiritual and emotional support



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Like many of you, I know that I need to eat healthy foods, I know there are many reasons why I can't do that, but at the core is my own attitude and mentality. I also need the support of my family and church. **All kinds of support, I need your prayers to change my way of thinking and your words of encouragement to get me through. I wish my church can dedicate a time just to pray for strength, courage, and resources.**



Why a healing ministry?

Power of God



The Power of God

- And the power of the Lord was with Jesus to heal the sick. Luke 5:17
- And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations...Matthew 28:18, 19
- But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." Acts 1:8



Christ is waiting with longing desire for the manifestation of Himself in His church. When the character of

Christ shall be perfectly reproduced in His people, then He will come to claim them as His own.

Christ's Object Lessons, 69.1



It is a very nice work to win souls to Christ. It is the greatest work ever given to mortal man, to deal with human minds. If you find access to the hearts of men bearing almost every stamp of character, you must heed the injunction of the apostle to be courteous...

Gospel Workers (1892), 395.2



...Love will do that which argument will fail to accomplish. Love is power. The workers need to bring the love of Jesus into their labors.

Gospel Workers (1892), 395.2

