



like ME! listen to show ME! look at ME!







"The thing that hath been, it is that which shall be; and that which is done is that which shall be done: and there is no new thing under the sun."

– Ecclesiastes 1:9 KJV







Social media statistics 2018

The internet has 3.17 billion users There are 2.3 billion active social media users 91% of retail brands use 2 or more social media channels

Internet users have an average of 5.54 social media accounts Social media users have risen by 176 million in the last year

68% of Americans use FacebookFacebook Messenger andWhatsapp handle60 billion messages a day



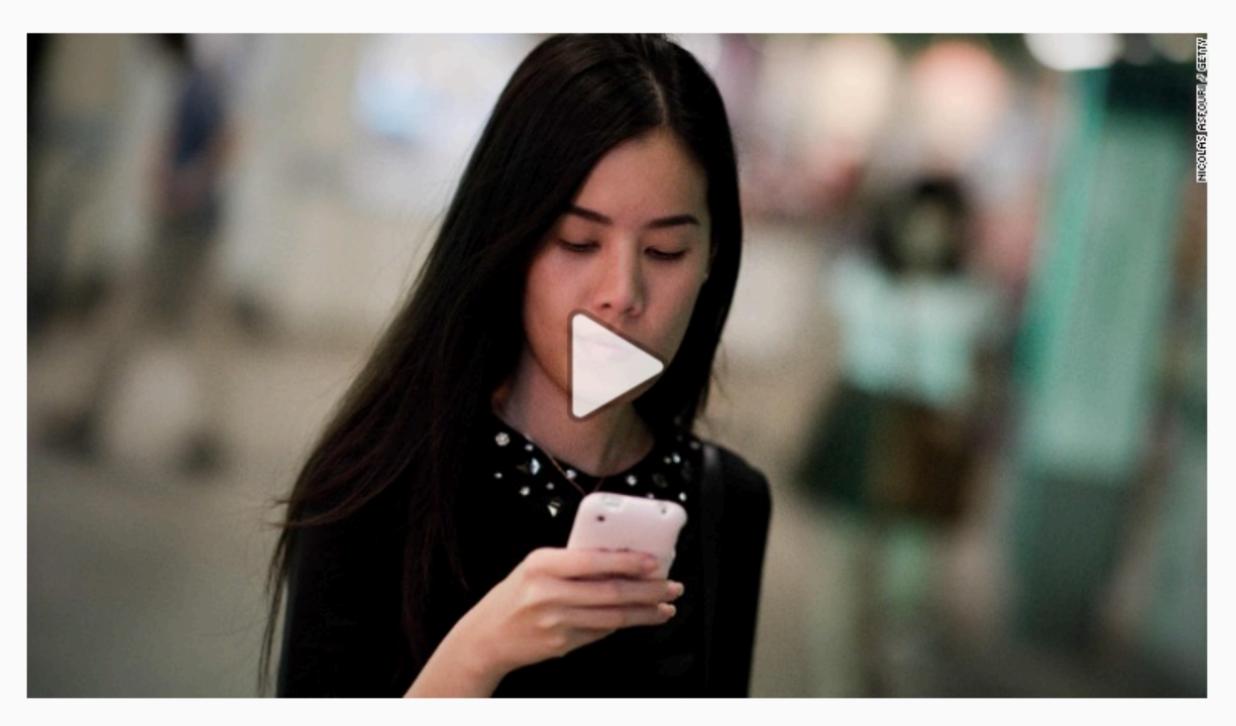


Teens spend a 'mind-boggling' 9 hours a day using media, report says



CNN

By Kelly Wallace, CNN () Updated 0207 GMT (1007 HKT) November 4, 2015



Does this signal a generational shift? 02:04



News & buzz



Why Emma Watson won't take selfies with fans



Parents adopt baby with no arms or legs



For where envy and self-seeking exist, confusion and every evil thing are there. James 3:16



JESUS WAS NOT SELF SEEKING

John 5:30 Jesus himself said,"I seek not mine own will, but the will of the Father which hath sent me."



JESUS WAS NOT SELF SEEKING Luke 9:23 If any man will come after me, let him deny himself, take up his cross daily, and follow Me.



JESUS WAS NOT SELF SEEKING Jesus himself prayed,"Not my will, but thine, be done" Luke 22:42



JESUS IS ACQUAINTED WITH OUR GRIEF

Jesus had been earnestly conversing with and instructing his disciples; but as he neared Gethsemane he became strangely silent. His disciples were perplexed, and anxiously regarded his countenance, hoping there to read an explanation of the change that had come over their Master. They had frequently seen him depressed, but never before so utterly sad and silent. As he proceeded, this strange sadness increased; yet they dared not question him as to the cause. His form swayed as if he was about to fall, His disciples looked anxiously for his usual place of retirement, that their Master might rest. VOL. 3 SPIRIT OF PROPHECY 94.2

SELFISHNESS

Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Philippians 2:3-4





There are 600 million more people that own a mobile phone compared to those who own a toothbrush. Research reveals that there are 4.8 billion mobile users but only 4.2 billion people with a toothbrush.



seeing that sometime next week."

Health » Diet + Fitness | Living Well | Parenting + Family CNN

DRIVING WHILE

Teens: This is how social media affects your brain

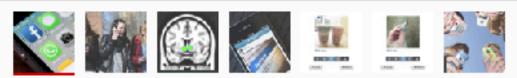
By Susie East, for CNN Updated 10:22 AM ET, Mon August 1, 2016



Photos: How social media affects the teenage brain

Researchers at UCLA's Brain Mapping Center found that when teenagers' photos get lots of "likes" on social media apps, such as Instagram, their brains respond in a similar way to seeing loved ones or winning money.

1 of 7



Story highlights

A study found that teenagers are highly influenced by 'likes' on social media

Receiving 'likes' activates the reward centers in the brain, similar to winning a prize

Editor's Note: Vital Signs is a monthly program bringing viewers health stories from around the world.

(CNN) — Whether you're on Facebook, Instagram, Snapchat, What's App or Twitter, the way you communicate with friends today is changing.

Keeping in touch is no longer about face to face, but instead screen to screen, highlighted by the fact that more than 1 billion people are using

Eacebook every day



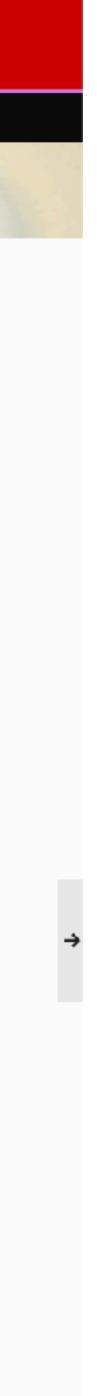
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DRIVING WHILE

Teens: This is how social media affects your brain

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Reward circuitry

In a recent study, researchers at the UCLA brain mapping center used an fMRI scanner to image the brains of 32 teenagers as they used a bespoke social media app resembling Instagram. By watching the activity inside different regions of the brain as the teens used the app, the team found certain regions became activated by "likes", with the brain's reward center becoming especially active.

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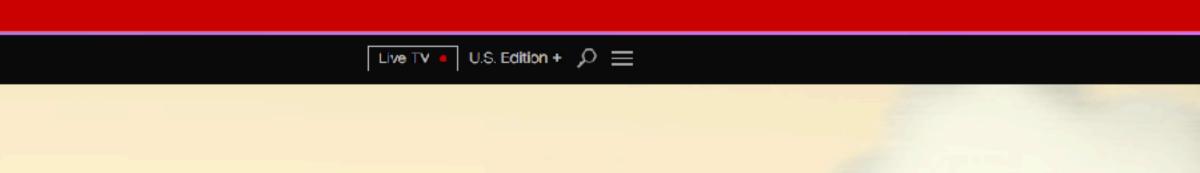
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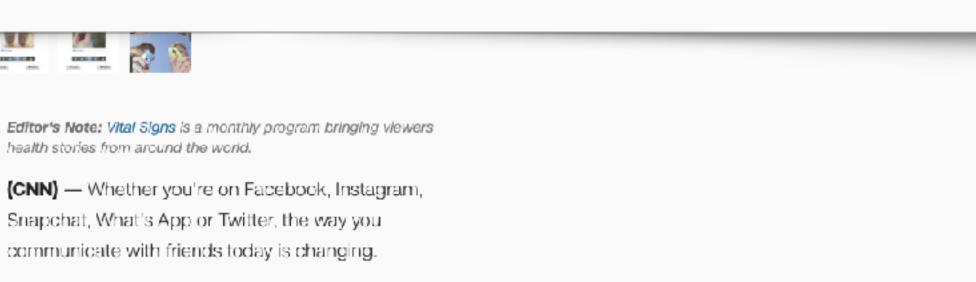


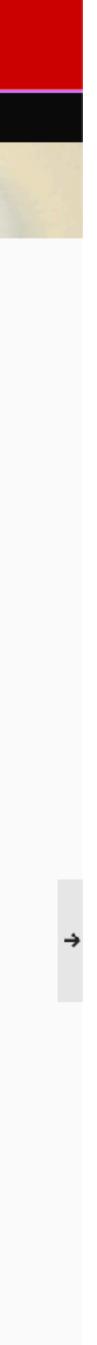






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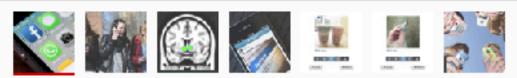
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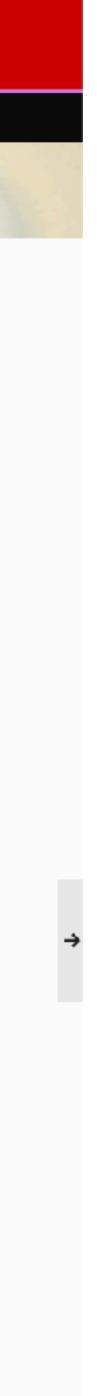
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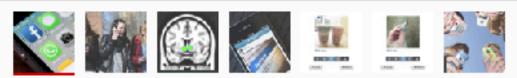
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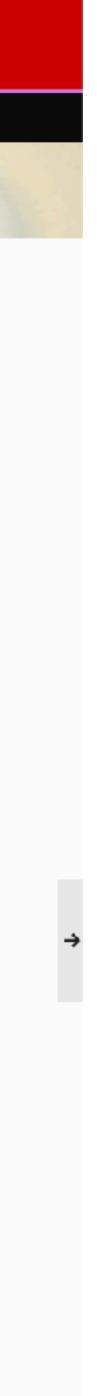
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Peer influence

As part of the experiment, participants were also shown a range of "neutral" photos showing things like food and friends, and "risky" photos depicting cigarettes and alcohol. But the type of image had no impact on the number of "likes" given by the teens. they were instead more likely to 'like' the more popular photos, regardless of what they showed. This could lead to both a positive and negative influence from peers online.

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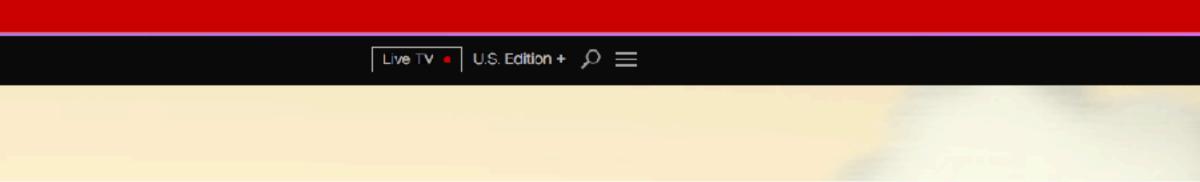
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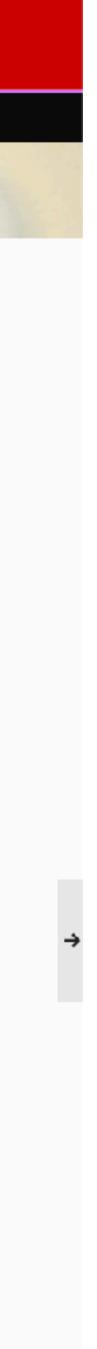






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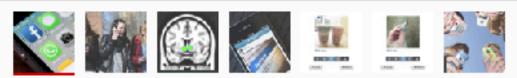
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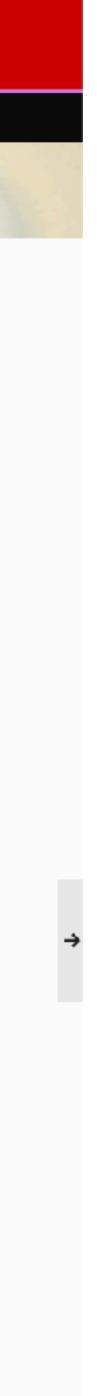
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Constant of the second second

SAMSU







Facebook adds 500,000 new users every day; 6 new profiles every second







Constant of the second second

SAMSU







68% of all online US adults visit Facebook at least once a month







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SAMSU







The average (mean) number of friends is 338, and the median (midpoint) number of friends is 200

N # 1 21% 23:06





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ANALYTICS AND ADVICE ABOUT EVERYTHING THAT MATTERS

THOMAS AND CONTON

Topics -GALLUP

MARCH 5, 2004

Americans Satisfied With Number of Friends, Closeness of Friendships

by Joseph Carroll

Americans, on average, say they have about nine close friends

GALLUP NEWS SERVICE

PRINCETON, NJ -- Many Americans soon will bid adieu to their television Friends -- Chandler, Joey, Monica, Phoebe, Rachel, and Ross -- as the popular television series broadcasts its final original episode in May, but a Crecent Gallup Poll suppests Americans have plenty of real world friends

friends than reported in 1990 and 2001, when Americans said they had an average of 10 friends (means of 9.9 and 9.5, respectively).

ECONOMY JAN 17, 2017

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Congress' Job Approval 19% at Start of New Session

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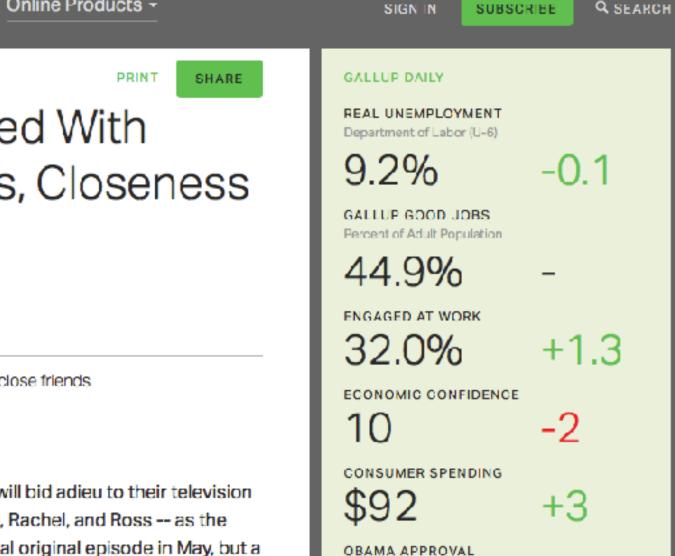
Approval of Trump Transition Still Low as Inauguration Nears

OLITICS JAN 12 201

The poll, conducted Dec. 11-14, finds that, on average, Americans have nine "close friends" (a mean of 8.6), not including their relatives. This includes 45% of Americans who say they have six or more close friends, 39% who have between three and five close friends, and 14% who have one or two close friends. Only 2% of Americans say they have no close friends. The current average represents a slightly lower number of close friends than reported in 1990 and 2001, when Americans said they had an average of 10 friends (means of 9.9 and 9.5, respectively).

Not counting your relatives, about how many close friends would you say you have?

	%
None	2
One	6



2003 Dec 11-14 2001 Dec 6-9 1990 Jan 18-21

%	%
2	1
2	5



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FACEBOOK

How many true friends do you have on Facebook? The answer will surprise you

Published January 29, 2016 . The Kim Komando Show





Just how strong are your relationships with your friends on Facebook? Are they your best friends? Are they casual acquaintances? Are they family

Around 14 would at least express sympathy.

150. But, out of those 150, only 28, on average, we recognized as genuine friends.

But when participants were asked how many of those friends would help out in a time of need, emotional distress or other crisis, the average answer was 4. Around 14 would at least express sympathy.

So, despite your popularity on Facebook, not as many of your Facebook friends. translate into real friends that you can count on. Dunbar, however, offered this advice for people looking to keep their real-life and genuine friends:

'Friendships, in particular, have a natural decay rate in the absence of contact, and social media may well function to slow down the rate of decay. However, that alone may not be sufficient to prevent friendships eventually dying naturally if they are not occasionally reinforced by face-to-face interaction."











Q

calls for John comments about





Ingraham: Trump

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hv More Investors Are Scooping Up This Small Stock The Money Street

Matthew 24:12 And because iniquity shall abound, the love of many shall wax cold.





Why Steve Jobs and Bill Gates Both Severely Limited **Their Kids' Tech Use**

They built our tech-obsessed world, but they wanted something different for their own kids.



By Jessica Stillman Contributor, Inc.com 🍯 @EntryLevelRebel





CREDIT: Getty Images

Technology has made Bill Gates the richest man in the world. You'd think he'd want to teach his three children to benefit from technology just as he has. Instead, the Microsoft founder seems more concerned about keeping tech from harming his kids.

In an interview with the UK Mirror earlier this year, Gates explained that he and his wife Melinda strictly limited their kids' tech exposure, banning them from owning a cell phone before they turn 14 or whipping out their devices at dinner time.

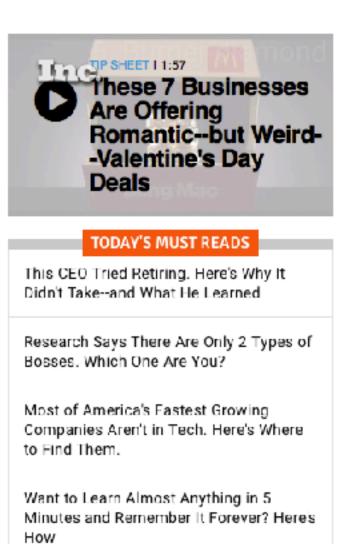
"We often set a time after which there is no screen time and in their case that helps them get to sleep at a reasonable hour," he told the paper. "You're always looking at how it can be used in a great way - homework and staying in touch with friends - and also where it has gotten to excess."

Steve Jobs kept tech to a minimum too.

Things were similar at the Jobs house, according to the New York Times' Nick Biton. When the Apple founder called Bilton to complain about a story shortly after the iPad's launch, Bilton asked how his kids were enjoying the wildly popular new product.



WRITE A COMMENT





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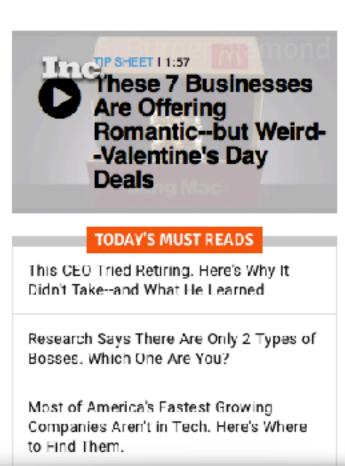
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ECHNOLOGY

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"They haven't used it," Jobs responded. "We limit how much technology our kids use at home." The conversation prompted Bilton to dig into the restrictions other tech titans institute at home with their kids. He found a stunning level of strictness was common across many of the best known names in tech.

CREDIT: Getty Images

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Want to Learn Almost Anything in 5 Minutes and Remember It Forever? Here's How

Problem









BY KATY STEINMETZ



time.com

In the work of many ministers there is too much sermonizing and too little real heart-to-heart work. There is need of more personal labor for souls. In Christlike sympathy the minister should come close to men individually, and seek to awaken their interest in the great things of eternal life. Their hearts may be as hard as the beaten highway, and apparently it may be a useless effort to present the Saviour to them; but while logic may fail to move, and argument be powerless to convince, the love of Christ, revealed in personal ministry, may soften the stony heart, so that the seed of truth can take root.



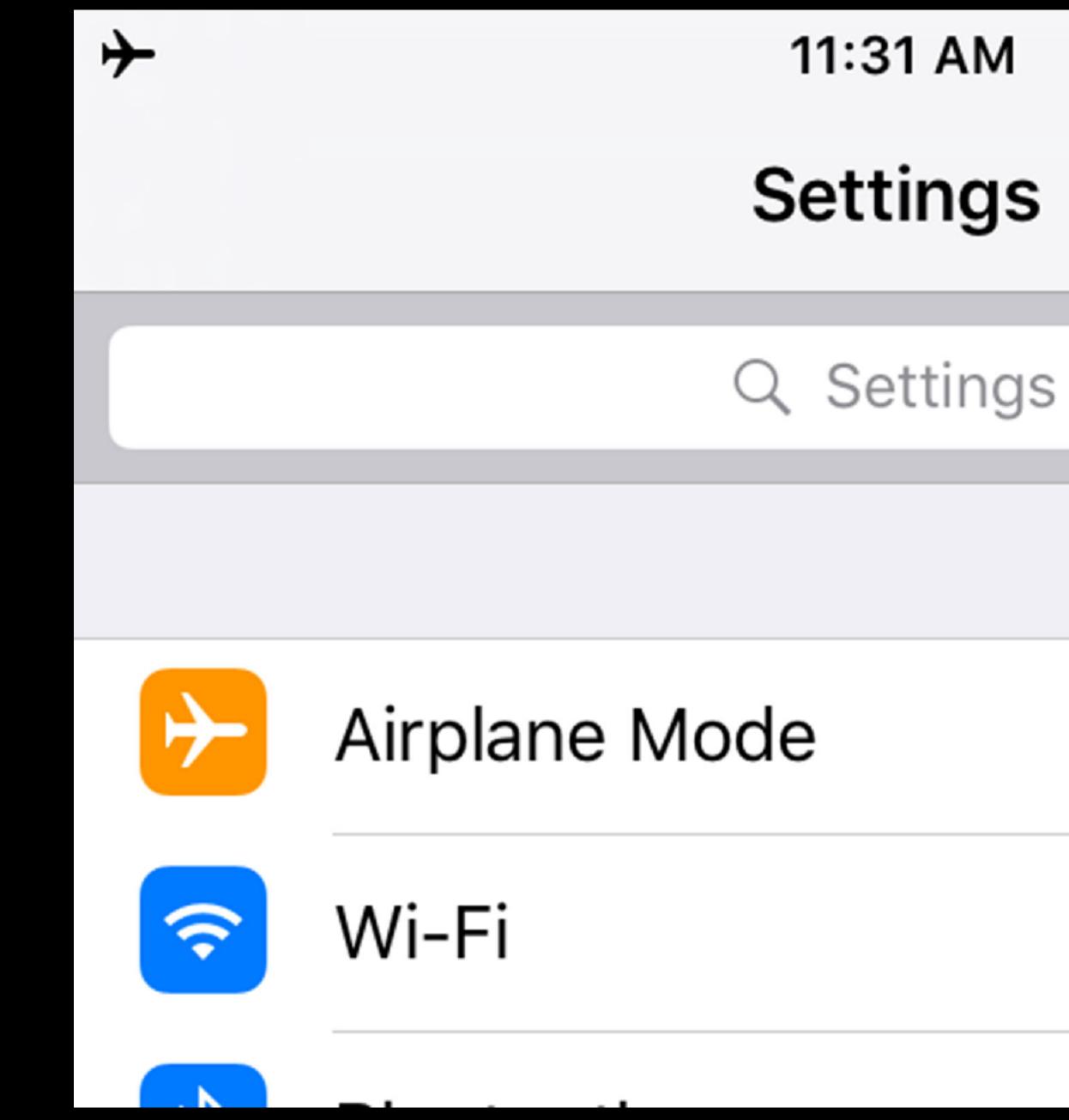
Gospel Workers pg. 185

















Creative Ways to **MANAGUTANA** STATISTICS AND A STATIS









VIDEO MARKETING PLATFORMS INDUSTRY GUIDES RANKINGS MORE TUBULAR

13-24 YEAR OLDS WATCHING MORE YOUTUBE THAN TV - TO THE SURPRISE OF NO-ONE



ANDY SMITH # MARCH 11, 2015



n a rare moment the other day I found myself watching some television during the day for an hour and it was excruciatingly painful. It felt like every channel was going to commercial at the same time and what I was watching was more about passing the time. than delving deep into a single show. I actually found myself getting angry at being forced to sit through more than 5 seconds of ads and changed the channel constantly to avoid them. If, like me, you identify yourself as a Millennial, then a new report from Defy media on the viewing habits of 13-24 year-olds should match up very well to how you consume media in the digital era.

The young are turning away from the TV and towards online video, and they are consuming more digital content than ever. Not only are they in charge of the media they consume, but they consider YouTube Influencers more relatable than traditional TV and movie stars.

Millennials and Online Video Consumption: The Death of TV?



13-24 are consuming less hours of traditional TV broadcast content, and watching more online content, from sites like YouTube. In fact, 96% of that



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Discover >5.3 Million Video Creators, Influencers and Brands - Across Social Video Platforms.

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MILLENNIALS WATCH LESS TV, USE SMARTPHONES AND TABLETS FOR VIDEO VIEWING [REPORT]



CORD CUTTING COMMON IN YOUNG ADULT HOUSEHOLDS WITH NETFLIX, HULU

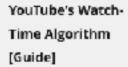


RESOURCES / GUIDES



Facebook Video Best Practices & Insights [Webinar Replay]





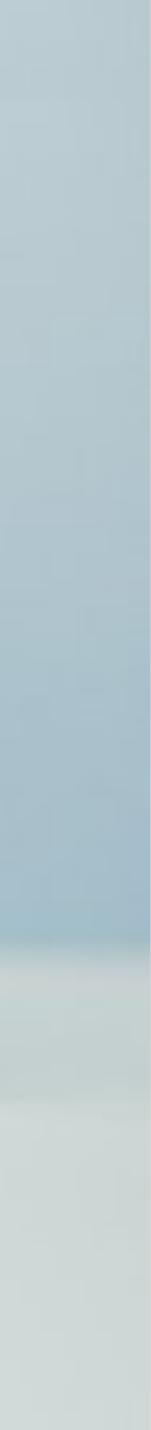


17 Video Marketing Strategies & Tips [Whitepaper]

LATEST POPULAR









300 hours of video are uploaded to Youtube every minute

300 HOURS OF VIDEO ARE UPLOADED TO YOUTUBE EVERY





3.25 billion hours of video watched each month

3.25 BILLION HOURS OF VIDEO WATCHED EACH MONTH





The average mobile viewing session lasts more than 40 minutes

VIEWING SESSION LASTS MORE THAN 40 MINUTES



Top YouTube videos of All-time

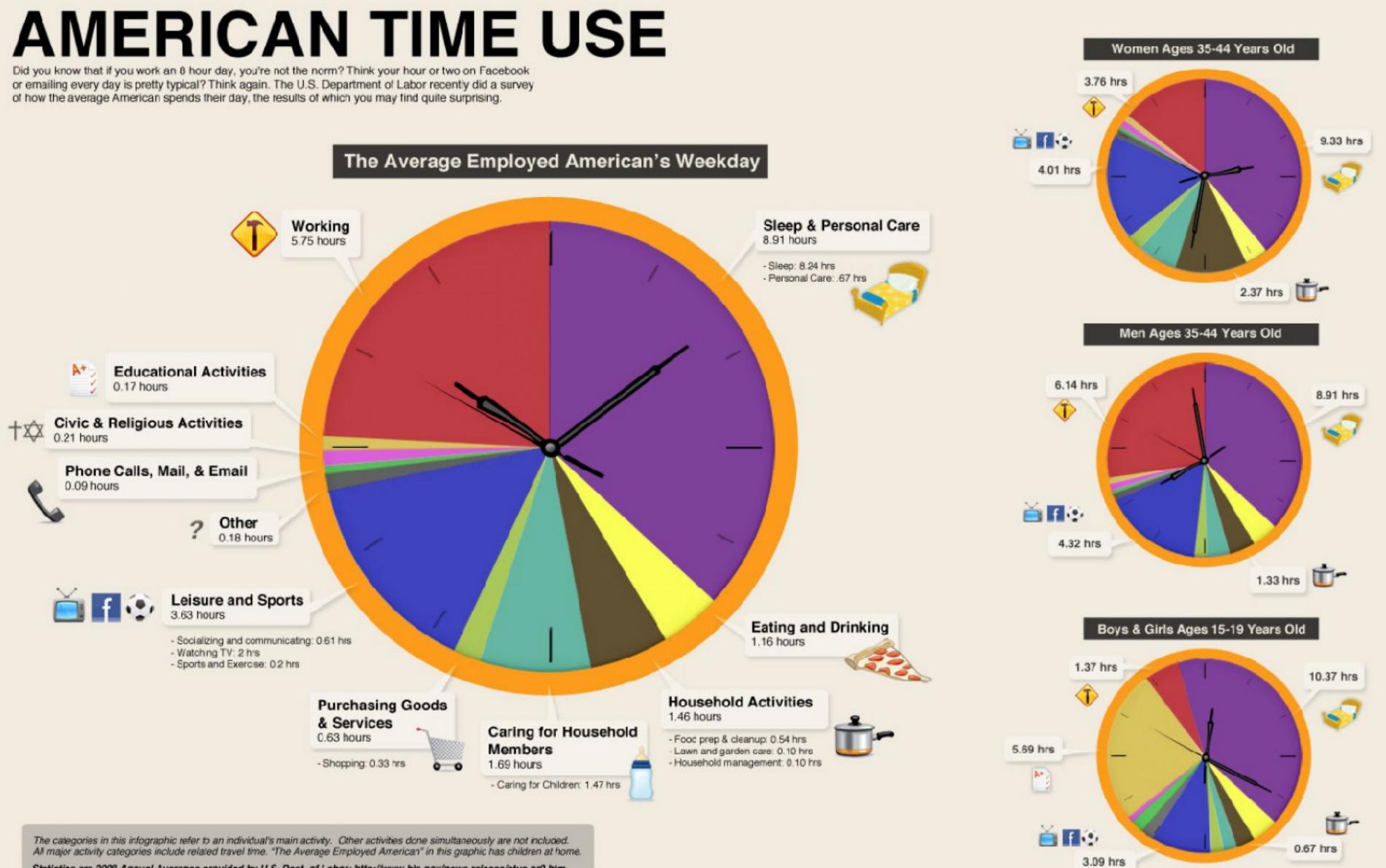
The following table lists the top 60 most viewed videos on YouTube, with each total rounded to the nearest million views, as well as the creator and date of publication to YouTube

Top 100 most-viewed YouTube videos^{[15][16]}

# 🗢	Video name 🗢	Uploader / artist 🗢	Views (billions) +	Upload date 🗢 🗢	Note
1.	"Despacito" ^[17]	Luis Fonsi featuring Daddy Yankee	5.93	January 12, 2017	[C]
2.	"Shape of You" ^[22]	Ed Sheeran	4.05	January 30, 2017	[D]
З.	"See You Again" ^[23]	Wiz Khalifa featuring Charlie Puth	3.99	April 6, 2015	[E]
4.	"Uptown Funk" ^[30]	Mark Ronson featuring Bruno Mars	3.44	November 19, 2014	[F]
5.	"Masha and The Bear - Recipe For Disaster"[31]	Get Movies	3.42	January 31, 2012	[G]
6.	"Gangnam Style" ^[32]	Psy	3.28	July 15, 2012	[H]
7.	"Sorry" ^[37]	Justin Bieber	3.07	October 22, 2015	[1]
8.	"Sugar" ^[38]	Maroon 5	2.88	January 14, 2015	
9.	"Shake It Off" ^[39]	Taylor Swift	2.73	August 18, 2014	
10.	"Roar" ^[40]	Katy Perry	2.73	September 5, 2013	
11.	"Bailando" ^[41]	Enrique Iglesias featuring Descemer Bueno and Gente De Zona	2.68	April 11, 2014	
12.	"Thinking Out Loud" ^[42]	Ed Sheeran	2.64	October 7, 2014	
13.	"Counting Stars" ^[43]	OneRepublic	2.63	May 31, 2013	
14.	"Dark Horse" ^[44]	Katy Perry featuring Juicy J	2.50	February 20, 2014	
15.	"Lean On" ^[45]	Major Lazer and DJ Snake featuring MØ	2.49	March 22, 2015	
16.	"Hello" ^[46]	Adele	2.47	October 22, 2015	[J]
17.	"Blank Space" ^[48]	Taylor Swift	2.40	November 10, 2014	
18.	"Chantaje" ^[49]	Shakira featuring Maluma	2.31	November 18, 2016	
19.	"Let Her Go" ^[50]	Passenger	2.30	July 25, 2012	
20.	"Baby Shark Dance" ^[51]	Pinkfong Kids' Songs & Stories	2.27	June 17, 2016	







Statistics are 2008 Annual Averages provided by U.S. Dept. of Labor: http://www.ble.gov/news.release/atus.nr0.htm



15 See then that you walk circumspectly, not as fools but as wise, 16 redeeming the time, because the days are evil. 17 Therefore do not be unwise, but understand what the will of the Lord is.

Ephesians 5:15-17



Success or failure in ministry depends much on one's use of time – Some might now have been thorough workmen had they made a good use of their time, feeling that they would have to give an account to God for their misspent moments. They have displeased God because they have not been industrious. Self-gratification, selflove, and selfish love of ease have kept some from good, withheld them from obtaining a knowledge of the Scriptures that they might be thoroughly furnished unto all good works. Some do not appreciate the value of time and have idled away in bed the hours that might have been employed in the study of the Bible. -Testimonies for the Church Vol 2 p.499









Titus 1:16

They profess that they know God; but in works they deny him

None but God can subdue the pride of man's heart. We cannot save ourselves. We cannot regenerate ourselves. In the heavenly courts there will be no song sung, To me that loved myself, and washed myself, redeemed myself, unto me be glory and honor, blessing and praise. But this is the keynote of the song that is sung by many here in this world. They do not know what it means to be meek and lowly in heart; and they do not mean to know this, if they can avoid it. The whole gospel is comprised in learning of Christ, His meekness and lowliness. **{TM 456.2}**

TALK LESS OF SELF

Let your heart be softened and melted under the divine influence of the Spirit of God. You should not talk so much about yourself, for this will strengthen no one. You should not make yourself a center and image that you must be constantly caring for yourself and leading others to care for you. Get your mind off from yourself into a more healthy channel. Talk of Jesus, and let self go; let it be submerged in Christ, and let this be the language of your heart: "I live; yet not I, but Christ liveth in me" **Galations 2:20**

Testimonies for the church 2, pg 320



The great outpouring of the Spirit of God, which lightens the whole earth with His glory, will not come until we have an enlightened people, that know by experience what it means to be laborers together with God. When we have entire, wholehearted consecration to the service of Christ, God will recognize the fact by an outpouring of His Spirit without measure; but this will not be while the largest portion of the church are not laborers together with God. God cannot pour out His Spirit when selfishness and self-indulgence are so manifest; when a spirit prevails that, if put into words, would express that answer of Cain, — "Am I my brother's keeper?" -The Review and Herald, July 21, 1896.



The Right Message





Righteousness by Faith

BE REMADE NEW

- TITUS 3:5-7
- NOT by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, whom He poured out on us abundantly through Jesus Christ our Savior, ⁷ that having been justified by His grace we should become heirs according to the hope of eternal life.



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