



# ZERO WASTE LIVING



# The 5 R's

Refuse

Reduce

Reuse

Recycle

Rot

Use it up, wear it out, make it do, or do without.

*-Ancient Proverb*

# The 5 R's

Refuse

Reduce

Reuse

Recycle

Rot

Recycling is an aspirin, alleviating a rather large  
collective hangover...overconsumption.

*-William McDonough, Cradle to Cradle*

# The 5 R's

Refuse

Reduce

Reuse

Recycle

Rot

# Benefits of Zero Waste

- Financial
- Health
- Time



# Zero Waste Swap Game

- Group 1: Grocery Store
- Group 2: Eating Out
- Group 3: Clothing
- Group 4: Travel
- Group 5: Household Items

# 5 R's Challenge

- Group 1: Refuse
- Group 2: Reduce
- Group 3: Reuse
- Group 4: Recycle
- Group 5: Rot